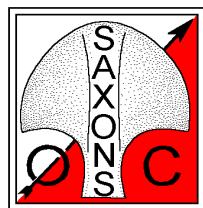


Come and Try Orienteering

Canterbury University

Saturday am July 24 2010

SAXONS ORIENTEERING CLUB



Orienteering is the adventure sport for all abilities and age groups, from 8 to 80. Try and locate a series of checkpoints from a special map that you will be given at the start. Find each one in sequence until you get back to the finish flag. All you need are your running shoes.

Directions:	Canterbury University, Directions off Giles Lane, CT2 7NJ, TR138 598
Courses:	A come and try it session, supported by Kent County Council for the 2012 Games. 2 courses will be available: Course 3.0km beginners come and try it Course 5.0km for the experienced
Registration:	10.30 to 12.30 hrs
Starts:	10.30 to 12.30 hrs
Fees:	3km free Seniors £2, Juniors £1 on 5km
Facilities:	Toilets, Orange Squash.
Further Info:	Courses close at 1pm.

More information can be found on the Clubs website at <http://www.saxons-oc.org>