

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Saxons OC	
Name of person completing this form	Peter Martin	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Canterbury urban	Date & time for session / event / activity	8 October 2020 Approx.. 18:30 – 21:00
Name of person in charge of session / event / activity		Peter Martin	
Risk assessment signed	<i>PJMartin</i>	Risk assessment dated	5 October 2020 v4
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	M J Glaisher Event series coordinator and approved by British Orienteering to check Risk Assessments for LoCl (Level D) events. BO #135681	
	Sign and date:	<i>M. J. Glaisher 05 October 2020</i>	

Emergency Information

Emergency access point (for emergency vehicles)	Post code / what3words: CT2 7JU ///drift.lame.starts	Place from which signed: N/A
Nearest A&E hospital:	Name and Post code: William Harvey Hospital, Kennington Road, Willesborough, Ashford, Kent TN24 0LZ TEL: 01233 616207	Map available (where): First Aid box
Working telephone:	Landline or mobile: If mobile (reception checked?) Yes	Number: 07817 746355
First Aid cover	Name of first aider: First Aid box available for competitors to self-medicate. Emergency services to be summoned in case of serious injury.	Located where: Finish First Aiders Mark Glaisher, Jean Fitzgerald present but intervention subject to Covid precautions.

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>In area to be used (indoor / outdoor): Road traffic when competitors cross roads</p>	<p>Collision / Lacerations & broken bones, major, unlikely</p>	<ul style="list-style-type: none"> • Course planned to use paths and minor roads within pedestrian zones, 20 mph and 30 mph zones and to avoid major roads: Peter Martin • Major roads marked Out of Bounds on map: Peter Martin • Hi viz clothing recommended for competitors in Event Details: Mark Glaisher • Torch and/or headlight recommended in Event Details: Mark Glaisher
<p>Participants Competitor lost and does not return within 70 minutes (60 minute mass start score event)</p>	<p>Hypothermia, major, unlikely</p>	<ul style="list-style-type: none"> • Only experienced orienteers able to participate: Mark Glaisher • Course closing time & Organiser's mobile number printed on the map and Control sheet: Peter Martin • Recommend that whistle and backup torch is carried: Mark Glaisher • Download adjacent to Finish (and Start) as a reminder to finishing orienteers to download and thus record they have returned: Peter Martin • Audit to check everyone is back: Mark Glaisher • Identify missing competitor and ask others where they were last seen: Mark Glaisher • Organise search party: Peter Martin • Record who has gone to search and where: Mark Glaisher

<p>Competitors with existing medical conditions experience health difficulties</p> <p>Slips, trips and falls while competing</p>	<p>Competitors have health difficulties</p> <p>Broken bones, lacerations, major, unlikely</p>	<ul style="list-style-type: none"> Existing health conditions to be considered by competitor in the event entry process. Details of medical conditions recorded and available to be consulted by organiser and aiders in the event of being necessary: Mark Glaisher Only experienced orienteers, used to walking and running in all terrain, can take part.
<p>Other people/activities in area</p> <p>Beverley Meadows park users including dog walkers</p> <p>Householders</p>	<p>Dog bite – laceration, minor, unlikely</p> <p>Mental Wellbeing, minor, unlikely</p>	<ul style="list-style-type: none"> Little-used Start/Finish location, away from main path, chosen: Peter Martin Bright headtorches used by competitors should not be shone in to households potentially upsetting the young or elderly occupants. Only experienced orienteers, used to being courteous to the public, can take part: Mark Glaisher
<p>Weather</p> <p>Heavy rain, wind, falling trees or branches</p>	<p>Hypothermia, broken bones, lacerations, major, unlikely</p>	<ul style="list-style-type: none"> Event cancellation in severe weather: Mark Glaisher