


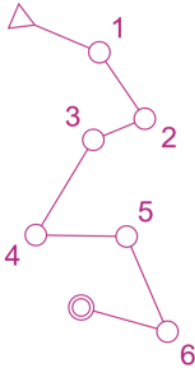


Capstone Farm Country Park



<p>Location/Parking Gillingham. Nearest postcode: ME7 3JG. Free parking. Main car park W3W///:divisible.tech.deform and Orchard car park W3W///:toys.originals.folk.</p>	<p>Permanent Orienteering Course The course is represented by a Start a Finish and a number of checkpoints or controls. At each control you will find a permanent marker attached to a post. Visit as many of the checkpoints as you can in any order. Map can be printed or purchased from the Visitor Centre.</p>	<p>△ Start ○ Controls ◎ Finish</p> <p> permanent marker</p>												
<p>About the Park Capstone covers 114 hectares of former farmland on the North Downs and boasts a variety of habitats including ancient woodlands, old orchards, a freshwater lake, meadow and hedgerows.</p>	<p>Find Your Way / Virtual Orienteering Courses No physical controls - your position is recorded by your smartphone's GPS using an app called MapRun6. Download for free onto your Android or iOS device. Simple registration (name etc). Select 'Events near me' or press 'Select Event' and navigate to: - UK > Find Your Way > FYW Kent > Capstone. There are 3 linear courses and a 60 min score course starting from main parking and 3 linear courses from Orchard parking.</p> <p></p>													
<p>Facilities Toilets, Cafe and Visitor Centre available close to the main car park. Also playpark and picnic area.</p>	<table border="1"> <thead> <tr> <th></th> <th>Main Parking</th> <th>Orchard Parking</th> </tr> </thead> <tbody> <tr> <td>A - Short / easy</td> <td>2.1km, 11 controls</td> <td>2.1km, 11 controls</td> </tr> <tr> <td>B - Medium</td> <td>3.2km, 15 controls</td> <td>3.3km, 13 controls</td> </tr> <tr> <td>C - Long / more challenging</td> <td>4.6km, 17 controls</td> <td>4.8km, 20 controls</td> </tr> </tbody> </table>			Main Parking	Orchard Parking	A - Short / easy	2.1km, 11 controls	2.1km, 11 controls	B - Medium	3.2km, 15 controls	3.3km, 13 controls	C - Long / more challenging	4.6km, 17 controls	4.8km, 20 controls
	Main Parking	Orchard Parking												
A - Short / easy	2.1km, 11 controls	2.1km, 11 controls												
B - Medium	3.2km, 15 controls	3.3km, 13 controls												
C - Long / more challenging	4.6km, 17 controls	4.8km, 20 controls												
<p>Start/Finish location Main Car Park: Next to the Visitor Centre Orchard Car Park: In the Orchard adjacent to the car park.</p>	<p>See "How To" pages for help and phone setup at https://www.findyourwayvo.org.uk/how (see QR code) You can use the map on your phone, but it is easier to use a paper map Either print the maps overleaf or purchase from the Visitor Centre.</p> <p></p>													
<p>About the Map Scale is 1:7,500 so is larger than Ordnance Survey. Map also shows more detail – fences, knolls, depressions, distinctive trees, and uses different colours to aid navigation – yellow is open land, white is runnable woodland, light through to dark green represents woodland that is increasingly difficult to pass through.</p>	<p>Once the course is selected, click 'Go to Start' and head to the red triangle. The triangle will go green and your phone will bleep to register you have started.</p> <p>Make your way to Checkpoint 1 (the virtual control) and each of the other controls <u>in number order</u>. The circle will go green and your phone will bleep each time you successfully find the control. Once you have visited all controls, head to the finish, (the double circle) for your final bleep.</p> <p>Note: the Start and Finish are in the same place, so the triangle and double circle are on top of one another.</p> <p>Click on "Show Results" on the app and you can see how you did! Can you complete the course faster or try a longer, more difficult course?</p> 													
<p>Safety & Important Information Few hazards other than: - trip hazards, and uneven ground - other park users, dogs, MTB and horse riders - some courses cross access roads to the car parks, look out for moving vehicles <u>Please note:</u> Most fences have not been shown on the map to aid clarity.</p>	<p>Links to other activities If you enjoyed the Permanent Course or the Find Your Way activity, there are many others to try in Kent - goto https://www.findyourwayvo.org.uk/southeast/maps. For details of orienteering events in Kent visit www.saxons-oc.org New Capstone FYW/Virtual courses will be uploaded over time. Look for announcements on social media.</p>													

Capstone Country Park

Scale 1:7,500 Contour interval 5m

FIN YOUR WAY

To find this course use the QR code

or open MapRun app and go to:
UK/Find Your Way/FYW Kent/
Capstone / Score Lakeside

Legend

Please note: not all fences are shown on the map

- contour
- index contour
- form line
- slope line
- earthbank
- earthwall
- depression
- small depression
- small hill
- knoll
- small cliff
- individual tree
- thicket
- trim trail station/jump
- mountain bike ramp
- lake
- road
- track, horse ride
- footpath
- wall
- fence
- high fence
- crossing points
- building
- ruin
- open land
- open land with scattered trees
- rough open land
- rough open land with scattered trees
- forest run
- forest slow run
- forest walk
- forest fight
- light / thick undergrowth
- distinct vegetation boundary
- settlement out of bounds
- boundary not to be crossed



Capstone FYW		
Score	Lakeside	24 controls
		Start:
2	2	Path/Road Junction
3	3	Path Junction
4	4	Path Junction
5	5	Path Junction
6	6	Path
7	7	Path Junction
8	8	Path Junction
9	9	Path
10	10	Path/Ride Junction
11	11	Hedge, N. Side
12	12	Path crossing
13	13	Path crossing
14	14	Fence, E. End
15	15	Fence, NW. Corner (outside)
16	16	Building, SE. Side
17	17	Hedge, E. End
18	18	Hedge bend
19	19	Path Junction
20	20	Path Junction
21	21	Path Junction
22	22	Path Junction
23	23	Fence, NW. End
24	24	Fence, NW. Side
25	25	Path

For more information about Find Your Way and Orienteering in Kent visit



www.saxons-oc.org



Capstone Country Park

Scale 1:7,500 Contour interval 5m

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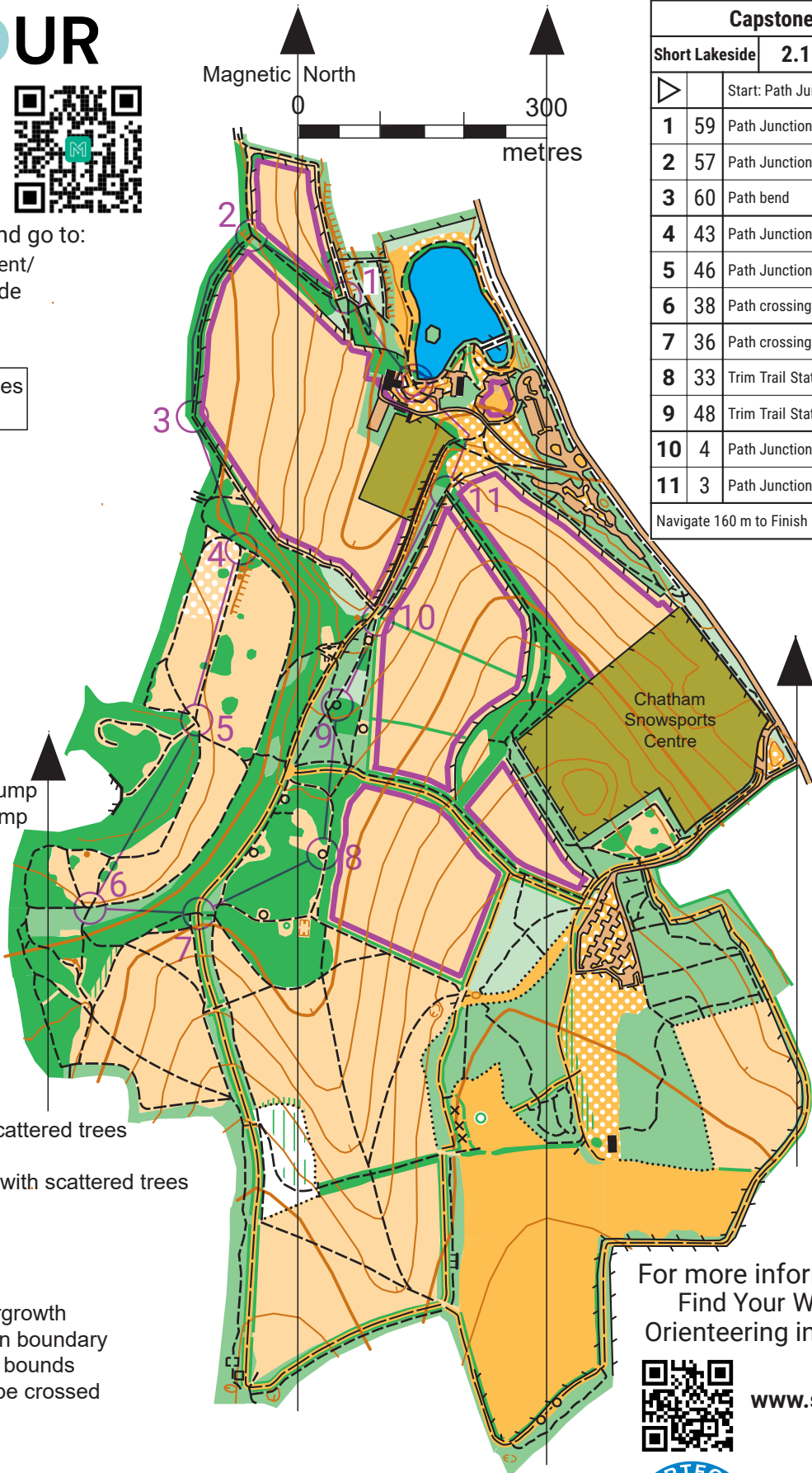


or open MapRun app and go to:
UK/Find Your Way/FYW Kent/
Capstone / Short Lakeside

Legend

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- contour
- index contour
- form line
- slope line
- earthbank
- earthwall
- depression
- small depression
- small hill
- knoll
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Capstone FYW		
Short Lakeside	2.1 km	
		Start: Path Junction
1	59	Path Junction
2	57	Path Junction
3	60	Path bend
4	43	Path Junction
5	46	Path Junction
6	38	Path crossing
7	36	Path crossing
8	33	Trim Trail Station / Jump
9	48	Trim Trail Station / Jump
10	4	Path Junction
11	3	Path Junction
Navigate 160 m to Finish		

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Capstone Country Park

Scale 1:7,500 Contour interval 5m

FIN YOUR WAY

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or open MapRun app and go to:
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Capstone / Medium Lakeside

Legend

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- contour
- index contour
- form line
- slope line
- earthbank
- earthwall
- depression
- small depression
- small hill
- knoll
- small cliff
- individual tree
- thicket
- trim trail station/jump
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Capstone FYW		
Medium Lakeside		3.2 km
		Start: Path Junction
1	3	Path Junction
2	24	Fence, NW. Side
3	22	Path Junction
4	20	Path Junction
5	62	Path crossing
6	16	Building, SE. Side
7	12	Path crossing
8	41	Path Junction
9	35	Trim Trail Station / Jump
10	32	Trim Trail Station / Jump
11	46	Path Junction
12	43	Path Junction
13	57	Path Junction
14	29	Path Junction
15	27	Path
Navigate 160 m to Finish		

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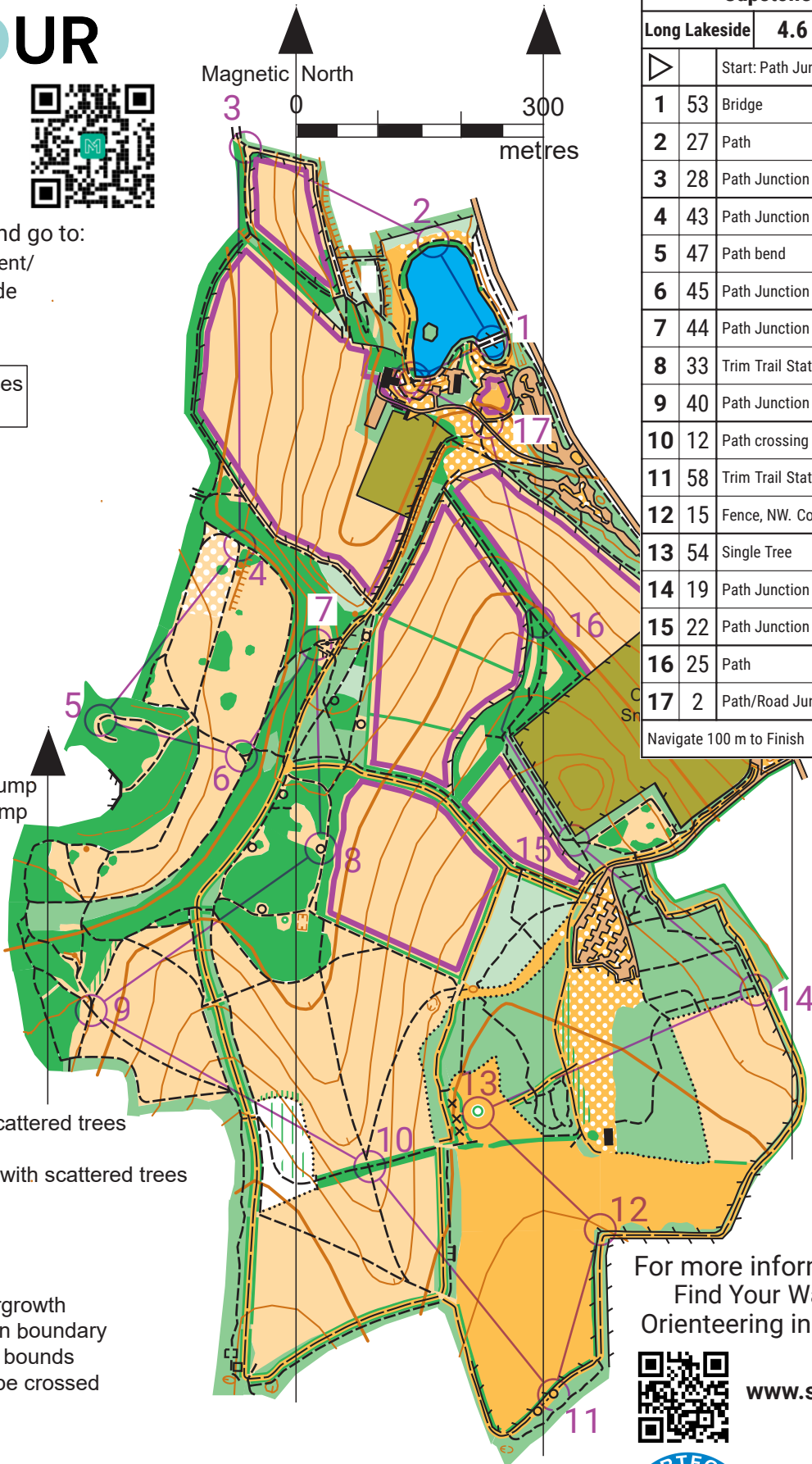


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Legend

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- form line
- slope line
- earthbank
- earthwall
- depression
- small depression
- small hill
- knoll
- small cliff
- individual tree
- thicket
- trim trail station/jump
- mountain bike ramp
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Capstone FYW		
Long Lakeside	4.6 km	
		Start: Path Junction
1	53	Bridge
2	27	Path
3	28	Path Junction
4	43	Path Junction
5	47	Path bend
6	45	Path Junction
7	44	Path Junction
8	33	Trim Trail Station / Jump
9	40	Path Junction
10	12	Path crossing
11	58	Trim Trail Station / Jump
12	15	Fence, NW. Corner (outside)
13	54	Single Tree
14	19	Path Junction
15	22	Path Junction
16	25	Path
17	2	Path/Road Junction
Navigate 100 m to Finish		

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Capstone Country Park

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FIN YOUR WAY

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UK/Find Your Way/FYW Kent/
Capstone / Short Orchard

Legend

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- form line
- slope line
- earthbank
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- depression
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Capstone FYW		
Short Orchard	2.1 km	
		Start: Semi-open Land
1	62	Path crossing
2	17	Hedge, E. End
3	15	Fence, NW. Corner (outside)
4	13	Path crossing
5	12	Path crossing
6	41	Path Junction
7	40	Path Junction
8	36	Path crossing
9	35	Trim Trail Station / Jump
10	10	Path/Ride Junction
11	54	Single Tree
Navigate 160 m to Finish		

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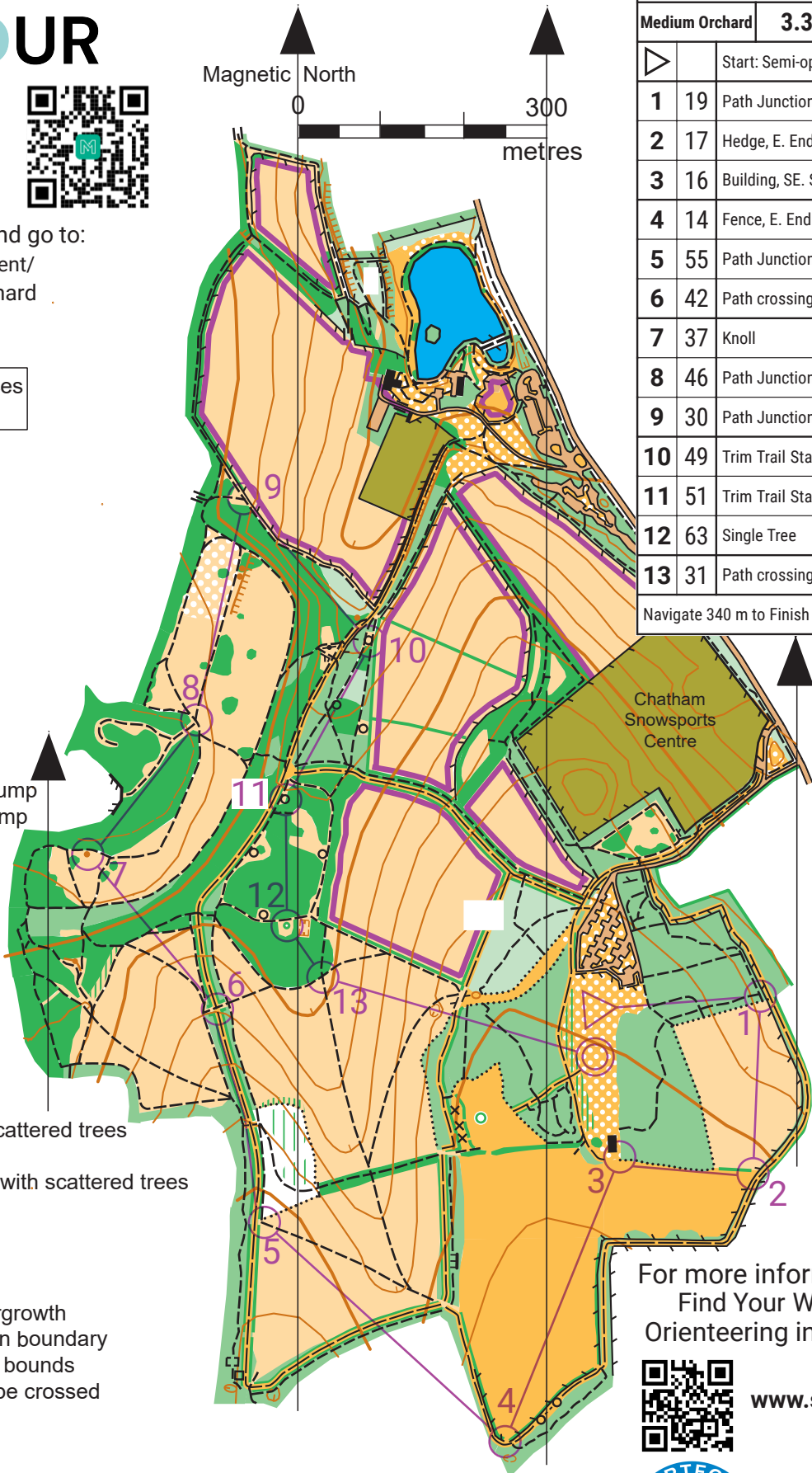


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Capstone / Medium Orchard

Legend

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- index contour
- form line
- slope line
- earthbank
- earthwall
- depression
- small depression
- small hill
- knoll
- small cliff
- individual tree
- thicket
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Capstone FYW		
Medium Orchard	3.3 km	
		Start: Semi-open Land
1	19	Path Junction
2	17	Hedge, E. End
3	16	Building, SE. Side
4	14	Fence, E. End
5	55	Path Junction
6	42	Path crossing
7	37	Knoll
8	46	Path Junction
9	30	Path Junction
10	49	Trim Trail Station / Jump
11	51	Trim Trail Station / Jump
12	63	Single Tree
13	31	Path crossing
Navigate 340 m to Finish		

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- slope line
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- earthwall
- depression
- small depression
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- knoll
- small cliff
- individual tree
- thicket
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Capstone FYW		
Long Orchard	4.8 km	
		Start: Semi-open Land
1	10	Path/Ride Junction
2	12	Path crossing
3	58	Trim Trail Station / Jump
4	15	Fence, NW. Corner (outside)
5	54	Single Tree
6	31	Path crossing
7	39	Earth Wall
8	46	Path Junction
9	32	Trim Trail Station / Jump
10	50	Trim Trail Station / Jump
11	44	Path Junction
12	43	Path Junction
13	57	Path Junction
14	27	Path
15	2	Path/Road Junction
16	25	Path
17	22	Path Junction
18	20	Path Junction
19	18	Hedge bend
20	16	Building, SE. Side
Navigate 120 m to Finish		

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