## West Malling and Leybourne 2 MapRun

## **IMPORTANT SAFETY INFORMATION**

We hope you enjoy running this second MapRun course between the villages of Leybourne, Leybourne Chase and West Malling. You should experience a mixture of woodland, open fields, modern housing estates, the ancient Kent town of West Malling, country parks and some great views.

**Parking:** Ryarsh Lane car park ME19 6QH (where the start/finish is) this is season ticket holders only 9-3 Monday to Friday, but free at other times. There is another (not free) car park behind Tescos open at all times. Street parking can be tricky - Norman Road side of West Malling is better.

**Safety announcement:** The area is bisected by two busy roads. The A20 runs east, west and can be crossed at any safe point with care. The road is mostly a 40mph limit with some 50mph. Please make use of traffic islands and be patient. The other main road, the A228 is a faster dual carridgeway running north/south and must only be crossed at bridges, underpasses and a pedestrian crossing near control 13. The latter road crossing may cost you a minute at busy times. The M20 is also on the map. If you cross it you've gone the wrong way.

Take care near the railway line, at one point the footpath crosses the railway at a level crossing where you will need to take care to look and listen for trains.

The footpaths and bridleways between the villages can be busy with walkers, cyclists and horse riders. There are some frequently opened gates, so you are advised to use handwash before and after your run.

**Map:** Note scale is 1:12,500 with 10m contours. As this map is derived from Open Street Map be aware that it may have errors or omissions.

**Course:** 60 minute score course with 30 controls (i.e. visit as many controls as possible and return to the start/finish within the time), controls may be taken in any order, 20 points per control and 10 points per minute lost after 60 minutes. Control descriptions are on the map.