

SAXALERT



SAX NOTICES

SAXONS CLUB MEAL OUT

Friday 16 JUNE. 7:30pm

To book a place please RSVP to Rowan Purkis

.We must confirm numbers before 26 May.

Not restricted to Club members, bring your spouse or partner

Venue:- The Cock Inn, Heath Road, Boughton Monchelsea, Maidstone, ME17 4JD

Sample menu at <http://www.cockinmaidstone.co.uk> but there will be specials on the night.

RSVP to saxalert@Saxons-OC.org or ring 01892 536332

SUMMER BBQ

Provisional details

22 JULY 2017 - Kings Wood Challock area

Other summer activities

Summer O series and

Bike O events - see Club website

Fun Orienteering Trail Walk - Sunday 13th August

Start and Finish at St Georges Church, Gravesend

Starts between 11.30am and 1.30pm

Open to WI members, families and friends and Saxons.

Cost £9 to include ploughman's and cakes

Why not come along? Just let me (Heather Brown) know well in advance so we make enough cakes!

PERMANENT ORIENTEERING COURSES

Please will anyone using Trosley or Mote Park Permanent Orienteering courses keep me informed of any missing or damaged posts. We are having problems with Mote Park control 8 so I do apologise if this is not there when you do the course. We may have to move it or remove it completely.. **Beryl Pring, POC Officer**

CONTENTS

Editorial	3	Organising a Level B event	19
New Sax	4	What to do about horses	22
Running Kit	4	How to make Rocky Road	23
Performance awards	5	Ranking Table	24
Chairmans Chat	6	S E League	25
Relay Notices	7	Selection of Future Events	25
Junior Pages	8	Saxons Out and About	28 -40
Free SEOA badges	10	Portugal O meet	28 – 31
Letters to the Editor- many & varied	11 - 16	Out in the UK	31 – 40
SAX Quiz	17	Precis of March committee meeting	41
Coaches Corner	17- 23	Quiz answers	41
RouteGadget	17	Contact List	42



Acknowledgements and thank you to the following members who have contributed to this month's edition:-

Alan Hickling, Alison Howe, Beryl Pring, David Kingdon, Fiona Wilson, Heather Brown, Jean Fitzgerald, Jeremy Oldershaw, Jerry Purkis, Mark Glaisher, Michael Fletcher, Neil Bricknell, Nick Gallavin, Peter Martin, Richard Purkis, Rob Sibley, Sarah Reith, Sean Cronin, Tony Connellan,

And photo credits to

Front cover- Editor (her excuse for taking so long on the Blue at Angly Woods).
Nick Hale- son of Dorothy for the photo of Dorothy W85 with her medal (back cover),

Rob Lines (SO) official photographer for the JK- the action photos on the back cover.

The rest of the JK photos were mostly taken by Mark Purkis other than the cow, taken by Editor

Graham Thomas- David Thomas's badge!

Other credits noted along the way.



EDITORIAL

There is enough written this month by all you lovely Saxons members in this edition for me to step back and not write much. I have to tell you all however that the Purkis house in Kent is up for sale and we hope to move to Cumbria. This could be within the next 3 months or a year's time, we don't know, but when we do move I will step down as newsletter editor. So a plea to everyone to keep on sending in all those articles to whoever is willing to take over. The role in the past has been undertaken by young and old alike. Quite a few teenagers have been the editor, wanting to tick the volunteering in the community box for Duke of Edinburgh or similar.

My own sons tell me how much they learned in terms of formatting, presentation and thinking about what your audience wants to read, which helped them with the extended essays at school and later on with reports at University. Son Mark would like to pass on the tip that, if you want things in columns, do not use tabs, insert a table. We often receive contributions which looked beautiful on your computer but by the time it arrives here, in possibly different software, the tabs are all over the place. Use a table and everything will stay neatly lined up. Son Richard was the first to use lots of photographs. Someone will have to take over that role, even if you cannot put the newsletter together please will you remember to take photos at every event you go to. Try to go out in to the competition area to get action photos, beautiful shots of the woods and always take photos of the registration area and people milling around.

Maybe you know something about publishing and can use Microsoft Publisher or similar and can make SaxAlert look more professional. I have never attempted to use anything over than Microsoft Word to create the newsletter. Look at the other newsletters that win awards, there is a list in last times edition. Some are very fancy but I have no idea how they to do it, maybe you do?

I am not sure if this is a plug for being the editor or not but I can honestly say that over the time the various Purkis family members have been editors, ie since 2008, it has helped us learn a huge amount about the sport; the history, the leagues, the technology, the resources, the bureaucracy, what everyone does, who everyone is, who are the new members, what's going on, what happens when, who's done well etc. The newsletter editor is at the centre of everything that happens in the club. Could that be you?

Rowan

Front cover- Angly Woods

Next newsletter – July/August

NEW SAX

- Welcome to Stephanie Keenan W14 from Tunbridge Wells

Newcomers FAQ

This time I have been asked about GPS watches. Why do you wear one? What do they cost, do you have to spend a fortune? Are there any cheap ones that do the job?

To answer this question I am asking all members with GPS watches to send me a few lines on i) which watch they use, ii) how much did it cost, iii) is it easy to use, iv) what do they use it for and v) would they recommend it and send a picture.



This is my contribution:- I use a Garmin Forerunner 305. It's old and chunky but simple to operate. Some years ago husband Jerry bought me a newer model but it was too high tech so I swapped it with son Mark who had a 305. I am surprised you still have to pay about £150 to buy a second hand 305 on E-bay. I wear it to see where I went and how accurate were my bearings. How close was I to that control it took ages to find, what errors did I actually make? How far did I actually run? Doing this analysis will improve your orienteering. You can see where you went by loading the gpx file that you export from the watch into RouteGadget. And it's fun to see yourself running round the map- see Neil Bricknell's article later on. Rowan

SAXONS RUNNING KIT

I hope you have all been enjoying the new kit. It is great to see so many people wearing the new jackets - even Southdowns have commented on how flash we are all looking! I have also been impressed with the O-top performance - whilst many will find they need to upsize, i have found them very comfortable to run in. Wicking capability is very good, as well as breathability, keeping you at an optimum temperature.

Following a flurry of sales around the JK, I have arranged a small top up order to ensure a full range of sizes. I will also be trialling a new technical headband alongside the popular buff, so something to look out for in the coming weeks!

The kit box comes with me to most events, but given time of year, please send an e-mail if you want to get hold of some kit so we can arrange the when and how more easily!

Alison Howe - 07976841078 or [alison.howe12\[at\]gmail.com](mailto:alison.howe12@gmail.com)



CONGRATULATIONS

BRITISH ORIENTEERING PERFORMANCE AWARDS



Well done to the following:-

Gill Sinclair	Racing Challenge	Bronze 4*	1/3/17
Heather Brown	Racing Challenge	Silver 4*	1/3/17
Tim Lund	Racing Challenge	Bronze 5*	9/3/17
	Navigation Challenge	5*	
Austin Howe	Racing Challenge	Silver 3*	13/3/17
Henry Taylor	Racing Challenge	Bronze 4*	27/3/17
		Silver 4*	
	Navigation Challenge	4*	
Matthew Taylor	Racing Challenge	Bronze 4*	27/3/17
	Navigation Challenge	4*	

- If you are missing these awards make sure you put your BOF number on your registration form, especially if you are hiring a dibber.
- A note also that we must give the courses their full name when we upload the results otherwise the BOF computer may not recognise the course as qualifying

NAVIGATION AWARDS: - Members are eligible for a Navigation Challenge certificate after successfully completing 3 colour coded courses at the same Technical Difficulty (TD) standard. The certificates are 'star' based e.g. 1 star for TD 1 up to 5 Star for TD 5. . You will receive an e-mail from BOF when you receive an award.

RACING CHALLENGE AWARDS are also * based on Technical Difficulty but you receive an added award based on speed:-

- Gold Award:- Participants time < Course Length (KM) x 12.5mins
- Silver Award:- Participants time < Course Length (KM) x 15mins
- Bronze Award:- Participants time < Course Length (KM) x 20mins

British Orienteering should send you an e-mail when you get one of these awards. According to BOF's e-news, some Clubs use the information to print off certificates. Would you like Saxons to do this? Do you want a paper certificate or would you prefer a coloured fabric badge to sew on your top of tracksuit. There is an article on how to claim your fabric badge after the Junior pages.

Chairman's Chat



As you will know the JK International Orienteering Festival is over for another year. If you haven't seen the 'man made feature' that the planner 'found' and used as the spectator control on relay day do have a look at the report on the website. It was the first time for many years that Saxons have been involved in the management of such a prestigious event. Jerry Purkis, assisted ably by Rowan, effectively organised the relay day and I heard only positive comments about the event. I hope helping and taking part inspired some of you who haven't been to many major orienteering events to sign up for a few more.

Speaking of which, I'm writing this in a (currently) very sunny Lake District where the British Orienteering Championships are being held tomorrow and Sunday (6 and 7 May) on very intricate hillsides on the west side of Windermere. I don't expect I'll do well but I'm looking forward to the challenge of contours and rock features, neither of which we get much of in the south east. This might partly explain why many elite orienteers come from the north of the UK! If you haven't orienteered on this sort of terrain I urge you to have a go; there are plenty to choose from, just check the fixtures list on the BO website. What more do you need as part of your family holiday than a tricky orienteering course???

For those of you who are not interested in travelling to the ends of the country in order to orienteer, the Saxons Summer O Series is about to begin, with mass start score events held in the evenings and at weekends through the summer. Check the website for more details and round up your friends, family and colleagues and bring them along to have a go. This summer we are also organising several Bike O events; again, these will be score events but the formats will be different. One will be a SI timed street event around Brenchley, one a photo O event on Romney Marsh and one a mountain bike event at Kings Wood Challock.

If you are retired or otherwise not working, another relatively local way to get some extra orienteering in is to go to the Military League South army events. These take place on Wednesdays, and are generally open to civilians. Most events are in Surrey, or further west, and get a large turn-out, including some people from Wales! Check the BAOC website for details. Several Saxons are 'regulars' at these events, so it might be possible to get a lift. Let me know if you're interested and I'll pass your name on.

Saxons fielded a strong team in the recent Yvette Baker Trophy junior competition round that we organised at Knole Park. Results were very close with the organiser (and helpers) checking and rechecking the results before announcing a tie for first place for GO and HH juniors with scores of 891. Saxons score was 861, our juniors coming third in the SE region.

And finally for this 'chat', don't forget to keep 22 July free for the annual Saxons BBQ. More details will be available closer to the date, but the format is normally some sort of novelty orienteering event in the forest of the planner's choice in the morning (this year it's Brendon Howe, who won the event last year), followed by a sociable BBQ in the garden in the afternoon (again likely to be in the Howe garden). You can come to one or both events-no pressure! And as both Brendon and Saxons have event shelters we should be OK even if it's a manky summer!

Have fun orienteering this summer and get in touch if you need any advice/help. Saxons coaches are keen to help you improve and increase your enjoyment of our great sport.

Jean

TEAM CAPTAINS NOTICES- FROM MARK GLAISHER

SE Relays (SO) Capite Wood, Ashington W Sussex 18th June

This year it's Southdowns turn to hold the SE Relays. It's an informal competition with four classes: Open, Women Open, Handicap (based on \sum M/W age class of the 3 in the team) and Junior. The Planner usually manages with 6 courses – typically Short Blue 1 & 2, Green, Orange and Yellow 1 & 2.

The classes use the following course combinations: Open and Women Open (SB/G/SB); Handicap (SB/G/O); and Junior (Y/O/Y).

As the host club last year, we fielded 8 teams at Knole Park with considerable success, so I hope we get good support for this year's competition.

Please make a note in your diary, and get in touch with me, if interested. The entry details and dates weren't available by the press date; nevertheless I will add information on the website as it becomes available.

Harvester Trophy overnight Relay Newby Bridge, Lake District 24th/25th June

DRONGO (former Cambridge Uni students) are putting on the Harvester Relay at Blakeholme on the weekend 24/25 June – very close to the longest day. This will feature classic Lake District terrain. We have been able to enter at least one team at recent Harvesters, usually in Course B, 5 runners. Please get in touch with me if you would like to take part.

It must be noted that with plenty of events available at this time of year, I guess it's inevitable that clashes will occur. The DFOK/SAX Junior Orienteering Festival is at Lullingstone on the Saturday, and the SAX Brenchley Bike-O the Sunday.

CompassSport Trophy - Saxons in the Final for the first time! Final: 22nd October

In the regional qualifier (15th March) the runnable woodland of the Ashridge Estate meant little path running and some really quick times - as long as you were looking in the right place. Some of the depressions and pits were not visible until you were quite close.

Comprehensive representation resulted in a good points tally for Saxons. As well as some strong runs, with 26 competitors we displaced some of the competition to lower placings, reducing their score. Well done everybody.

The Final is at Virtuous Lady (the name of an old copper mine!), Yelverton, Devon on the 22nd October, where we will be competing against SARUM, CLARO, SUFFOC, LOG, INT, MOR, GRAMP, BASOC, WCH, SROC, WIM and KERNO.

To celebrate this, the Committee has decided to support participation by contributing £25 per person taking part (Seniors and Juniors) for entry, accommodation etc.

It should be possible to car-share. Please get in touch with me (unless you have already done so) about the possibility of staying in shared residential centre accommodation.

We plan to look for a local O opportunity on Saturday, and have a Saxons meal out in Plymouth on the Saturday evening.. Hope you will be able to come.

TONY CONNELLAN'S JUNIOR PAGES



Since the last Saxalert there have been two events with large numbers of young Saxons entered and achieving well. Firstly there was a KOL at **Whitehorse Woods on 8th April**. An interesting area which has a campsite with individual plots nestled along the edge of the main track as their own little areas. Unlike us orienteers, many of the campers seemed to be content with sitting quietly by their campervans or tents cuddling cups of tea or coffee. But our juniors were negotiating the woodland trying, I expect, to avoid trampling the bluebells seeking fence corners or depressions lurking behind some beautiful trees.

Most of our runners just ran on the north side of the road which goes through the centre of the land in use, but if you were one of those who ran the longer courses you would have had some long 'legs' when you were directed to the south side of the road.

James Ford was the lone Saxon junior to run the long Blue course and came in 12th out of the 29 runners. I always find it interesting to look at the split statistics and I spotted that heading to the 19th control James was the quickest of all the competitors. It's always interesting to look at the splits and think about where you did well, where you made mistakes, what you could do to eliminate them and where you can be very pleased with what you have achieved. Have a look yourselves – they're on the DFOK results page.

Four of our young members, Michael Cameron, Elsa Burdett, Ffion Bricknell and Matthew Derrick attempted to master the Light Green course and from 24 entries they claimed places in a bunch between 10th and 17th. Again the splits show that for three of the early legs Ffion took the lead, lost it going to the 6th control and then all four stayed at the same position from each of the others, nobody gaining or changing place up to the finish. (*Editor's note- read Coaches corner and see how you can see yourself racing head to head with your friends on RouteGadget. RouteGadget will assume you took the straight line route to the next control unless you draw your actual route in, then you can see yourself racing along your actual route.*)

Austin Howe came in 4th out of 10 competitors in the orange course with Toby and Jake having a frustrating day by missing quite a few controls. Annoying I know for you boys, but it sometimes happens, but not every week, and not again for a long time I'm sure.

As usual there were lots of you running the yellow and getting used to the sport and having a good time. Nine young Saxons accepted the yellow challenge and were led in by Ben Cronin in 3rd place who was closely followed by Charlie Mackins. I hope that Kasie, Luke, William, Holly, Abigail, Brook and Eric enjoyed their runs and are all getting more confident after each event in which they take part.

Whitehorse Woods was at the start of the month and on Sunday 30th, at the end of April all Juniors had the chance to take part in a really big event at **Knole Park**. Along with so many other juniors from other clubs they took part in the heat of the Yvette Baker Trophy. I'm sure that everybody who entered felt the excitement of such a big event and realised how much fun such competitions can be.

Although all our Saxons did very well the other clubs sent so many boys and girls that they seemed to have an endless supply of runners. James Ford, Henry Taylor, Austin Howe and Rebecca Ledger

were our highest scorers in the four courses and it was good to see Stephanie Keenan and Helena Kiggell joining in with us and we look forward to seeing more of them at future events.

The final scores were:-

Guildford Orienteers	891 points
Happy Herts	891 points
Southern Navigators	879 points
Saxons	861 points
South London	285 points

So with fewer entrants than other teams we managed to get a good handful of points. So well done to all of you for playing your part in the event. Knole is a lovely park to orienteer in, I hope you saw a deer on the way round.



Looking at the club website I see that over the next few weeks we have some good events at Trosley Country Park, a KOL at Millbank and then a Sunday event at Canterbury at the University of Kent.

I hope that you manage to take part in as many events as possible, do well at them and most importantly learn the skills which will add to your enjoyment.

The Juniors making good use of the Howe family shelter and a great scrabble O game put on by Brendon Howe



Photo- Heather Brown

COLLECT YOUR FREE COLOUR COURSE BADGE

You can claim a fabric colour coded badge to sew on your track suit or O top, sponsored by the South East Orienteering Association, if you beat the par time three times, on any colour-coded course. Three qualifications at the same colour get you a badge - there is no time limit on when you can get them.

Par time is set at the winner's time plus 50%, or to include half the runners, whichever is greater, except for the White course, where you only have to complete the course three times to qualify.

Here is an example:-

<p>On the right are the results from the Orange course at Joydens Wood in February. Can Toby Prior claim this race as one of his 3?</p> <p>Toby's time was 55:14. The winner's time was 30:53. That time plus 50% is = 50:25. Toby's time was not quite fast enough to qualify as being less than winner's time + 50% but let's look at the other way to qualify.</p> <p>10 participants did the course and Toby was 5th. This is in the top half, even though 3 participants did not actually finish the course. If they started the course they count as a participant.</p> <p>Therefore Toby's time of 55:14 does qualify as one of his 3 to get an Orange badge. I bet Toby has another 2 qualifying times and can send off for his colour badge today</p>	<div style="background-color: #0056b3; color: white; padding: 5px; text-align: center;">Orange</div> <p><u>Splits</u> 2.9km 50m</p> <table border="1"> <thead> <tr> <th>Pos</th> <th>Name</th> <th>Club</th> <th>Age Class</th> <th>Time</th> </tr> </thead> <tbody> <tr><td>1st</td><td>Myla Stilling</td><td>NONE</td><td>W12</td><td>33:53</td></tr> <tr><td>2nd</td><td>Ruby Andrews</td><td>NONE</td><td>W12</td><td>34:49</td></tr> <tr><td>3rd</td><td>Mark Granados</td><td>NONE</td><td>M45</td><td>47:42</td></tr> <tr><td>4th</td><td>Jake Hodkinson</td><td>NONE</td><td>M14</td><td>51:59</td></tr> <tr><td>5th</td><td>Toby Prior</td><td>SAX</td><td>M12</td><td>55:14</td></tr> <tr><td>6th</td><td>Tom Newman</td><td>NONE</td><td>M60</td><td>75:07</td></tr> <tr><td>7th</td><td>Sarah Reith</td><td>SAX</td><td>W50</td><td>78:05</td></tr> <tr><td>rtd</td><td>Austin Howe</td><td>SAX</td><td>M12</td><td></td></tr> <tr><td>w10</td><td>Joseph Gibson</td><td>NONE</td><td>M14</td><td>39:49</td></tr> <tr><td>m1-2 m4-10</td><td>Peter Levoir</td><td>NONE</td><td>M60</td><td>53:37</td></tr> </tbody> </table>	Pos	Name	Club	Age Class	Time	1st	Myla Stilling	NONE	W12	33:53	2nd	Ruby Andrews	NONE	W12	34:49	3rd	Mark Granados	NONE	M45	47:42	4th	Jake Hodkinson	NONE	M14	51:59	5th	Toby Prior	SAX	M12	55:14	6th	Tom Newman	NONE	M60	75:07	7th	Sarah Reith	SAX	W50	78:05	rtd	Austin Howe	SAX	M12		w10	Joseph Gibson	NONE	M14	39:49	m1-2 m4-10	Peter Levoir	NONE	M60	53:37
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To obtain your badge, please send a print out of the three sets of results to Anne Power, 6 Mallard Close, New Barnet, Herts EN5 1DH. Tel: 0208 449 5984,

email: powerbarnet@btinternet.com.



There is no charge, but you must enclose a stamped addressed envelope.

The picture is David Thomas's brown badge, I think he has them all! **If you do send off for any badges, please send me a photo of you and your badge when it arrives.**

Letters to the Editor

Star letter. The prize goes to Nick Gallavin

Saxons and My Running Journey

It's funny how one thing leads to another. I started orienteering at the KNC on 10 January 2008, as not much more than an excuse to get out of the house one night a week and go to the pub. It turned out that I rather enjoyed the running about in the dark bit too, and I became a KNC regular along with Cate and Pete, and the three of us travelled to most events together. It wasn't too long before (at an après - O pub session) that we were being persuaded by our fellow orienteers to enter a mountain marathon. Bumping into Dan, an old friend I hadn't seen in years and now living in



Nick (right) at a KNC event

Yorkshire, at a mutual friend's wedding sealed the deal; by the end of the night we had entered the 2009 Saunders. Cate and Pete entered as a pair. That year we also ended up at the OMM and the Rab. Mountain marathons have featured in my calendar every year since, many with Dan, Cate and Pete, sometimes competitively but more often than not as an excuse to enjoy some time away in the hills with mates.

Another après O - pub chat persuaded me to enter the Beachy Head marathon. It seemed like a great idea for a first marathon but having signed up, I immediately realised that although I had a few mountain races under my belt, none of them had been as far as 26 miles and I was going to have to put some serious training in. So I started running

regularly at the Sweatshop Running Community (SRC). Another group of friends evolved, I began to enter road races with them, as part of my marathon training. I ran Beachy Head in my Saxons top (and was recognised by the odd club runner that had remembered coming along to a Saxons event once). Before long, I signed up to Sittingbourne Striders as a club runner, too.

More friends appeared along the way - I seem to have accumulated a group that I only see on mountain events. Inevitably, when we do catch up, there is talk of other races and plans are made to meet up elsewhere, or to enter events together. I ended up on a High Peak Marathon team in 2014, after chatting with Nick Marr in the queue for the portaloos at the Rab. Dan was drafted into the team too, and we probably came nearly last but had the best time on the 42 mile course. I had also experienced my first ultramarathon distance race. I don't think that fact registered at the time - I had just perceived it as a long orienteering course, but having completed it, I began to look at other similar distance races in the hills.

The Lakeland 50 had immediate appeal when I first saw it. It fills up really fast, so I attempted to get a place as soon as entries opened at 9am on September 1st. Entries opening coincided with a worldwide crash of the MasterCard system but I got lucky, entering with my debit card and securing a place. At SRC the following week, I notice a guy wearing a Lakeland 50 buff and wandered over for a chat. Stephen turned out to be a Lakeland 100 finisher and was going to be volunteering on the event that year, so I got to see a friendly face around the course and at the finish. Toughest race I'd ever done, but I had the Ultra bug now. I was getting injured from running fast races on roads and missed having to



Left to right- Cate Slade, Ed Stott, ??? and Nick Gallavin

navigate. Ultras aren't orienteering, but there's usually a navigational element and they take you off-road in amazing places with great people, so there's a lot of similarities. When September 1st came around again, I couldn't resist trying to get a place on the Lakeland 100 course in 2016. I'd viewed the 100 runners with awe and couldn't comprehend how anyone could go that kind of distance, but figured that I'd only find out what happens after 50 miles if I had a go, to see how far I got. I also figured I probably wouldn't get a place anyway, as it fills up in less than 10 minutes. As it was, it filled up in less than 6 minutes, and I had a spot on the start line. A couple of other SRC friends also ran ultras, it turned out – I thought they were all speedy road racers with no navigational skills but not all of them, it seemed. So I ended up doing the Longmynd 'Hike' with them later that year. It's a great 50 mile event, organised by Scouts in the Shropshire Hills. As a Scout leader, I was automatically entered into the Longmynd Scout Staff trophy category for the fastest member of the Scout Association, and ended up bringing it home. Now I was meeting ultrarunners everywhere, it seemed. I met a few on the Facebook-organised Social Ultra events, including Zoe, an old friend from Venture Scouts many years ago. Zoe, along with a few others I knew, were attempting The Spine Race in January 2016, a totally bonkers winter race along the entire Pennine Way. I followed their progress via the live GPS tracking on the website, becoming an avid dot-watcher for the week, willing them all to the finish. Most dropped out (only a third of the field finished) but Zoe went on to be the joint ladies winner. Inspirational stuff. A little too inspirational, as it turned out... I'm not sure when I first noticed The Spine Race, but I was immediately drawn to it. Then I kept meeting people that had attempted it. I found out that Stephen, my new SRC / Lakeland 100 friend, had completed it in 2015. Stephen had introduced me to Emiko, who he had met on The Spine. I'd run round most of the London Marathon course (in reverse) in 2015 chatting to Damian Hall who, it transpired, was the author of the Pennine Way guidebook and had just completed the Spine Race for the second time.

I'd backpacked the Pennine Way with my dog a long time ago, so I knew the terrain. But that had taken me 3 weeks, it was in the summer and I didn't quite get to the end. Doing it in winter, in under 7 days is just for superhuman freaks, right? Except I knew some of them and they were good runners, but I also knew that they were not superhuman, they were just prepared to have a go.

In February 2016, I found myself considering an entry to the Spine Challenger, the 106 mile race over the first part of the course, finishing at Hawes. The furthest race I'd run was 50 miles at this point. So, when entries opened for the 2017 race, I entered the full 268 mile race. I blame Zoe.

2016 became a year dedicated to preparing and training. I entered lots of long races, marathons, mountain marathons (including the Saunders, first mountain marathon with my son Will) and ultras. Stephen had offered to provide support for The Spine Race, following me up the course in a camper van. His previous experience of the race was invaluable for planning, and Zoe, Damian and others offered plenty of advice and encouragement.

The Lakeland 100 didn't go to plan, I retired at 89 miles and was seriously doubting my sanity about the full Spine entry thing. I'd learned some lessons from it, though, and two of months later I completed 100 miles for the first time on the Mercian Challenge on the Offa's Dyke Path, placing third. Stephen and some other friends were running the King Offas Dyke race, the whole 185 miles and after a sleep, I followed them up the course in the car, providing support.



Nick with his support buddy after the Spine Race

So, on January 15th, I found myself standing on the start line of the Spine Race. I'm not going to write all about it here (I'm sure Rowan will be asking me for an article soon) because that's not what this article is about. Short version: It was awful, surreal and really tough. But it was brilliant. I finished. I didn't win and I didn't come last. I made friends and shared the experience with some amazing people from around the world. I saw a lot of friendly faces that I knew from other races. I raised over £4000 in sponsorship for my Scout troop.

I'll probably find something equally ridiculous to do next year.

What this article is really about is friendship and the value of clubs like Saxons. I started Orienteering, having not run for years. I was welcomed by strangers, freely given advice and encouraged to challenge myself. It got me out there, I discovered new things that I love and now play a big part in my life. It's led me to attempt challenges that I would never have contemplated otherwise. I've made some wonderful friends on this journey and rekindled old friendships. I've shared experiences with awesome people in amazing places.

You might not see me out on Orienteering events very much these days, I simply don't have enough time, but I remain an Orienteer at heart. I have Saxons to thank for getting me out there in the first place and encouraging me to do more. That first KNC in the cold and the rain at Pembury Walks, when I only found 4 controls, got horribly lost and went to the pub was where it all started for me.

It's funny how one thing leads to another.

Nick Gallavin

Concorde Chase??

In the last edition I asked why the biggest event in the BKO calendar is called the Concorde Chase. I am indebted to Michael Fletcher for the following reply:-

Hello Rowan,

I was a member of Reading Orienteering Club (ROC) in the late 1970s - later it was to become Berkshire Orienteering Club (BKO). Once a year the club put on a badge event. A member of the committee was a Concorde pilot. The Concorde Chase was named in recognition.

Kind regards

Mike Fletcher

Orienteering and the Women's Institute

The WI and Orienteering are not words often seen together though I do know that I am not the only Saxon who belongs to both clubs.....

Over the years I have made efforts to introduce the WI ladies to the joys of orienteering. In 2013, helped by Anita & David, Jean, Mark G, Rowan and Tony C we put up an orienteering maze at a special WI day at Aylesford Friars. In 2014 the same team ran a training day and score event at Trosley. As far as I know, neither event brought us any new members, but third time lucky, perhaps and this time all Saxon members, males and females can join in. Do come along, See Notices page

Heather Brown

Fracking at Redlands

Fracking threatens many orienteering areas throughout the country including Redlands, an orienteering area between Leith Hill and Holmwood. Having checked my maps, I see that control 19 on the Blue course at the OO Trophy 2011 (Guildford Orienteers) is now an exploratory bore-hole site. Plans include the use of Coldharbour Lane, which runs N-S through the middle of the Redlands O map, as the main haulage route for 1,200+ HGV journeys during the drilling. Regardless of your view of the merits or otherwise of fracking in this Area of Outstanding Natural Beauty, if you would like to add your support for tree preservation along this ancient tree-lined lane, search for '38 Degrees Coldharbour Lane' or for more information visit www.frackfreesurrey.com.

Peter Martin

A bird in the bush

Back in January at Perry Wood, Rob Kingman mentioned that once on a course at Ash Ranges he had spotted a Dartford Warbler and stopped to watch it. This prompted me to reflect on occasions when I've unexpectedly seen birds and animals while orienteering. I've often seen deer – from roe deer at Knole to red deer in Scotland. At the 2005 Scottish 6 days in Deeside 2005 (it will be held there again this year) I was able to watch, at close range, a short-eared owl hunting low over the heather – although that was on the 'rest' day not while I was on a course. Once while running in Sussex I had a barn owl glide silently across my path. While planning at Pembury Woods I stood still for an hour watching a family of greater spotted woodpeckers feeding and exploring the ground below their nest hole. At the Cobham Woods KOL in February I decided to cut through some jungle and surprised a woodcock which took flight from almost right under my feet – something that last happened on a course at Esher Common in about 1965. I wonder what wildlife others have seen?

Peter Martin

SEOA MORE THOUGHTS

(or have you got a Junior who might be interested in the S E Junior Squad?)

It's good to hear from Rowan's excellent editorial that the South East Orienteering Association still exists and (may?) be getting a new website with restored information at some point. I'm going to have a quick moan dressed up with praise, then offer an immediate solution that could help the SEOA and therefore the rest of us.

As Rowan said, the SEOA does some really important things. From the ordinary orienteers viewpoint, two main ones are the SEOA competitions and the South East Junior Squad.

I dare say some newer members haven't heard of the SE junior squad, perhaps even some of our juniors haven't? If you want to find out about it, don't try and google for a website or a Facebook page because there isn't one. The old SEOA website doesn't have any information either. What is this mystery squad like then? Well the good news is that it's really good (at least the last time I heard about it). The squad meets several times a year in the best South East areas for quality coaching by some of the top coaches in the South East. There are also trips away to more technical areas, and competitions with other regional squads. Perhaps the best thing is that it's quite a small group, so the members generally become good friends. Our teenage juniors can have more chance to socialise together and talk teenage, and avoid parent's bad jokes/complaints about brambles, SEOA :-) etc.

That's all great, but the problem is that currently, unless you're "in the know" (e.g. most likely have parents who are experienced orienteers), juniors and families won't automatically know about the squad and how it works. The latter is important as (at least there used to be) unofficial entry criteria other than ability. In particular juniors were only selected if they (and their families) showed some evidence that they compete regularly at the bigger events, i.e. beyond local events like the Kent Orienteering League. This seems so unfair to juniors who don't have "in the know" orienteering parents but might push to go to more/bigger events if they thought they might get into the squad. I'm sure Tony and Heather help to readdress this with Saxons by talking to families at KOL's as best they can, but I doubt whether this is happening in all south east clubs.

The SEOA competitions also have communications issues. The best example is the premier competition, the South East League. I don't know how many people are motivated by the league, it

certainly doesn't have the excitement of the Compass Sport Cup, but I think it could do. Putting aside much debated questions of format, this year there has been a distinct lack of hype. Not helped by not having a website to list the events, and a few cancellations. Results come out a few weeks after the event, which was normal 30 years ago, but the 21st century attention spans is now tiny, and competitors want results on the day ideally, at least within a couple of days. Some of you may be on an unofficial email list for the league results, otherwise there is a further delay whilst the results are published in the next club newsletter (if the club has one, many clubs don't).

So, what's the simple solution that costs no money (and will take very little time)? A South East Orienteering Facebook page (publically accessible). Results and events can be posted there, saving many weeks waiting for the next newsletter copy date. Information about the South East squad can also be posted there – e.g. where they meet this year, competitions involved in etc. Other things could be posted there too – meeting minutes, controllers' information, details of AGM. The great thing about Facebook is that it's interactive – people can ask questions, can voice opinions, share other ideas, and share photos. It's all much more alive and human than a webpage where information flows just one way. That's so important for those not “in the know” and gives more of us an opportunity to talk about South East orienteering. The more involved people are, the more likely some of them will one day volunteer to be the next SEOA chairman or treasurer.

Another advantage of Facebook is that it's great publicity. All those lapsed orienteers, or very casual orienteers, who aren't part of a club anymore can still keep informed and be (re)inspired by information on Facebook, and those thinking of taking up the sport can see what's on offer at the SEOA level.

A new SEOA website makes a SEOA Facebook page less urgent and addresses some of these points, but a SEOA Facebook page could at least be a reasonable stopgap. The Facebook page will still beat the website for interactivity, posting pictures and speed of communication (interested orienteers get alerts when new information is posted – something websites don't do). A website + Facebook page combination would work well, as it does for Saxons and many other clubs.

Some people will say that Facebook isn't used by enough orienteers, and is mainly for younger people. This was the case several years ago, but I don't think it is now. 60% of the UK population now have a Facebook account. That's getting closer to the percentage that have an email address (87%). WhatsApp and Snapchat are usurping Facebook amongst the young. Facebook is now middle aged - growing into the orienteering demographic!

So perhaps this idea could be floated at the next SEOA meeting (whenever that is)? I do think for it to work it has to be something the SEOA committee are enthusiastic about and willing to develop by posting information regularly (such as SEOA competition results, SEOA events, SEOA junior squad meetings etc.).

Sean Cronin

Editor comments that she has passed this to the SEOA Committee for consideration

SAX QUIZ

At the JK competition over Easter there were runners from many nationalities present. Not all speak good English but because pictorial control descriptions are internationally recognised you do not need to speak the local language to understand what you are looking for when out with an O map.

The following is the phrase for Happy Easter in a number of languages - which languages?

Frohe Ostern	Vrolijk Pasen
Joyeuses Pâques	Feliz Páscoa
Buona Pasqua	Veselé Velikonoce
God páske	Gleðilega páska
Felices Pascuas	Pasg Harus
Huvää pääsiäistä	Честит Великден
Счастливой Пасхи -	Hau‘oli Lā Pakoā
Àm na Càisg math	Sretan Uskrs
Καλό Πάσχα -	Mutlu Paskalyalar

COACHES CORNER

1- Route gadget

2- Organising events

3- What to do with horses

4- How to make Rocky Road

After reading about Route Gadget in the last edition Neil Bricknell has sent the following:-

1. Route Gadget Experience

Having always been a bit of a nerd when it comes to electronic gadgets, it was great to see the orienteering courses being uploaded to Route Gadget. I already have a Garmin GPS watch and upload my runs to Strava. In the past I had scanned the map and then overlaid the watch output over the top; a time consuming process. Route Gadget offers the ability to do this automatically or, I believe, you can draw your route manually. Probably best if you are going to do it manually to do it soon after the event, I certainly wouldn't have remembered the route a week later.

Following the link from the Saxons' results page takes you quickly to Route Gadget showing a list of events. I selected the Mill Saxons Shield event that Ffion and I had attended last month. I was then able, on the Draw tab, to select our course, Light Green (LG) and my name. Loading my GPS file, however, proved a little more troublesome as my Garmin watch stores the data in FIT files and the website needs GPX or TCX files. Getting the data in the appropriate format was reasonably

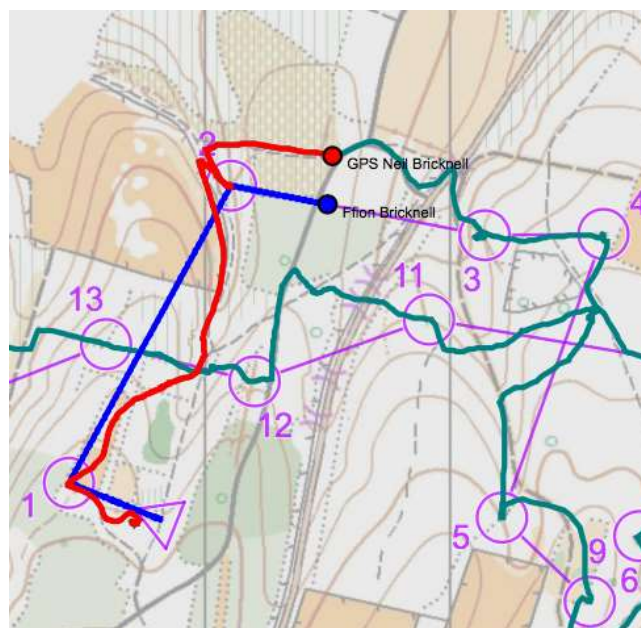
straightforward. All my runs are uploaded to Strava so it was a simple case of exporting the data from Strava as a GPX file.

Once the file had been imported my route was overlaid on the map, though it did not fit with the control locations. A quick click on the AutoFit had it adjusted perfectly:



One of the features of Route Gadget that I didn't know existed, is the ability to play through your run with others even those who haven't drawn or uploaded their route.

Ffion forgot her watch at this event but I was still able to compare our runs. For her it uses her split times and just plots a straight line between the controls:



I have uploaded our results from Angley Woods and will certainly upload more of our results from now on.

Neil Bricknell

Editor's comment, if you do not have a GPS watch, draw your route on your map in red felt pen as soon as you have finished. Then draw it on Route gadget when you get home. If you got lost and cannot remember where you went, get a GPS watch. You will enjoy seeing the squiggles like knitting wool showing you were you went.

Juniors, even on the Yellow and Orange courses you can still have fun on Route Gadget seeing who beat who on each leg. If you do not draw your route the software assumes you ran along the straight line route, like Ffion on the picture

2. THE TALE OF ORGANISING A “LEVEL B” EVENT OR

-ARE YOU THE ORGANISER? - START EARLY

While walking with Jerry on the public footpaths on the Montreal Estate (who own Mill Bank woods) about two years ago, we realised they had upgraded the forest tracks and the new roads would make ideal car parking for an orienteering event. The Club got Dave Peel from Peel Surveys in to re-map the woods showing the nice new roads. In possession of a nice new map Saxons volunteered to hold an S E League event there knowing we would be able to park all the cars. Thank you to Jean Fitzgerald and Mike Solomon for volunteering to plan all the courses you need for an S E League event. Wind the clock forward to 2017, I volunteered to be the Organiser because, I have organised at Mill Bank Woods before, thinking we would be accessing the woods from Gracious Lane like we have always done before, forgetting about the nice new roads. February 2017 I finally got round to meeting Jean and Mike at the site so they could show me where they had planned the Start and Finish for the event on 19 March, me thinking this is going to be easy, I've done this before, only to be taken over to the west and shown the nice new roads.....

To cut a long story short, vehicle access onto the nice new roads is not straightforward. The Montreal Estate had applied for planning permission to widen the public roads and improve the blind junction with the B2042, but were turned down. Jean, Mike, Andrew Evans (the Controller from DFOK) and I discussed and considered very many permutations of how to safely get the cars from the A25 onto the estate. We finally agreed the route in on the Thursday before the Sunday of the event. This is leaving things MUCH TOO LATE. You may have wondered why the final details were not up until the last minute- this is why. The moral of this story is that the Organiser and the Planner should meet at the beginning of the planning process to discuss the location of the Start, the Finish, Registration, car parking and how on earth you are going to get the cars on to the area. Other aspects of the organisation such as notices for dog walkers and horse riders see next article) were not even thought about with all the worrying about cars.



HOW TO MAKE YOUR JOB EASY

As an Organiser my wish list is for the Start and Finish to be as close to Registration as possible. This reduces manning, (we are supposed to man remote Finishes), reduces the amount of time and effort spent putting out red and white tape, reduces the number of signs you have to put out to avoid people getting lost on their way to the Start or back from the Finish and can reduce the problem of people walking through the competition area. Do get together with the Planner very early on in their planning process. . If you want to minimise the number of helpers you need at an event:-

- Have the Start and Finish near Registration
- Have Registration next to the car parking
- Make sure the planner avoids or minimise the number of road crossings that need manning

Anyway, I digress- back to Millbank on 19 March. I hope by the time you all turned up for your jobs or your run on the Sunday it was all running like clockwork A big thank to Mark Glaisher and his team- Rob Sibley and Steve Elliott, for organising the car parking- always a bit tricky when you are using a car parking area for the first time. Thank you to Beryl and Joanne on registration which I had tried to make easy but allowing entry by Fabian 4 right up to Thursday. Because it was a Level B event we have to have the maps printed by an external BOF approved printer. Unfortunately Mark Glaisher our Club map printing officer does not qualify. This means extra lead time to get them printed and sent to us (from Southampton) so we guessed map numbers on the Monday before.

Thank you to the control collectors, Nick Betts, Simon Greenwood, John van Rooyen, Dave Pickup and Graham Thomas, these mad people have the energy to go out again after finishing their course. Thank you to Jeremy Oldershaw and Peter Martin for collecting the car parking money and marshalling the crossing for the Orange course. This was trickier than expected. To avoid having to have someone marshalling on the public road where the Orange course crossed, Jeremy & Peter's job included telling Orange and some Light Green course participants to go down a footpath, over the stile and STOP to check for traffic before crossing the public road to a gate opposite. I thought it was too much to ask them to run down the path and accompany the children over the road.

However we did not take into account some Orange course participants who miss-read the map,



Heather Brown and David Kingdon on Start duty
Photo credit Tony Connellan

completely missed the footpath, ran down the road into the traffic coming off the public road and then wondered where the gate was. Oh no! We could have had a nasty accident. Very occasionally we put up sad faces on courses to tell children they have gone the wrong way, we could have done with one of these here., or maybe a picture of a child being hit by a car!

Thank you to Dave Kingdon who wheeled the Start paraphernalia up to the Start with our fishing barrow and Heather Brown and Tony Connellan who helped him set up. Thanks to Cate Slade and Ed who took over on the Start To Alison Howe who did the final shift , setting off Cate and Ed and holding the Start open for late arrivals husband Brendon and son Austin and the Prior boys., before dismantling the Start and wheeling it all back

Thanks to relatively new member Graham Denney who was willing to arrive really early to help us put everything up (he does live nearby), and to another new member Tim Lund (that's Tim in yellow below) who volunteered to learn the SI system and help Alan Hickling and Jerry Purkis on Download. And finally thanks to Simon Blanchflower and Fiona Wilson who helped us dismantle and collect in all the signs that Jerry and I had spent 2 hours on the Saturday and 1 hour in the morning before putting up.



Hard at work in the Event Shelter
Photo credit Nick Betts

I went back to the site the following Wednesday to supervise the collection of the portaloos and rescued one lonely “runners crossing” still safely sitting on Back Lane. Hopefully after that, all trace of us having been there had disappeared and the Estate could get back to business as usual.

Their Facebook page says they are involved in Arable, Livestock, Forestry and renewable energy enterprises but we know they also make money from selling rights to stalkers, because coordinating the visits of the course Planners and the Controller who wanted to roam all over the woods, with the

stalkers who also wanted to roam all over the woods with guns, was a major headache for the Estate manager. The Estate does not charge an access fee and asks that the car parking money be donated to RABI, the Royal Agricultural Benevolent Institution which makes donations to agricultural workers falling on hard times. We sent them £120; very good value for access to their lovely woods.



A final thank you to Mike Solomon who donned the Organiser’s hat so that I could go off for a run with my camera to make sure I recorded the day for

SaxAlert. I must admit that towards the end of my run, I began to think about the chocolate rocky road that I had made for the refreshments table and would there be any left me for?? There was- thank you for leaving me some. It is always a treat for the Organiser to get a run, especially with chocolate at the end. In conclusion I think the event went smoothly and I hope you enjoyed being on the Estate but next time I volunteer to organise an event I will start planning the logistics much earlier.

Rowan Purkis

PS One bonus to come out of the car access hassle, is that Saxons now own 4 lovely new signs (pictured above) that can be used at any orienteering event where we might cause a traffic jam. Put up a week in advance, they act as advertising.

Note that BOF have recently published an Event Delivery Guide – see <https://www.britishorienteering.org.uk/images/uploaded/downloads/British%20Orienteering%20Basic%20Event%20Delivery%20Guide%20v1.1.pdf>

-PPS- thinking about horse riders - Sarah Reith has sent in the following useful piece about orienteers and horse riders which organisers should think about when using an area with bridle ways

3. WHY DO HORSES REACT LIKE THEY DO AND WHY ARE MANY RIDERS GRUMPY?

Many of you will know that horses are ‘flight’ animals. This goes way back to when the ‘mountain lion’ approached, they ran! Horses have retained this strong survival instinct and will kick out and run, should they perceive danger. I’m afraid people running past them and crashing through the undergrowth is ‘danger’ to a horse.

Their reactions will vary, depending on age, breed, past experiences and the reactions of the rider. Unfortunately you will not have this information, when you come across a horse, when competing and so the safest course of action, is to treat all as potential incidents.

If a rider falls off, there is the risk of injury, if a horse bolts, there is risk to other walkers / runners and if the horse kicks out at you, you are at risk.

The majority of riders will avoid using locations, where Orienteering is to take place, to avoid distress to their horse and potential injury to others and so organisers may consider placing warning signs, a week or so prior to the event? I know this is an extra job to do but it could create a safer environment and help some competitors attain better times, as they have not had to stop for a local horse rider.

I would like to apologise for the many grumpy horse riders, you meet. The reason the majority of horse riders are grumpy, is because they are fearful and stressed at finding, unexpected runners, which are making their horses unpredictable and tense. Some are just plain grumpy!

I know the countryside is for all but we need to be safe and considerate. Horse riders and Orienteer competitors alike.



SARAH REITH

Sarah should not need to apologise for grumpy horse riders. Good practice when organising an event on an area with bridle ways is as follows:-

- 1. Ask the landowner where are riders are allowed and find out where the bridleways are. On an OS map they are marked what a heavier red dashed line than a footpath but private landowners may have additional permissive arrangements.*
- 2. Put up notices on bridle ways a few weeks beforehand, to alert horse riders and dog walkers to the forth coming event.*
- 3. Send the notice to local horse riding groups*
- 4. Deliver letters to any particularly affected local residents*

Sarah has volunteered to help circulate information to local horse riding groups if needed.

4 - . After many requests here is the recipe for

ROCKY ROAD CRUNCH BARS



- 125 grams soft butter
- 300 grams dark chocolate (min 70% cocoa solids) broken into pieces
- 3 tablespoons golden syrup
- 200 grams rich tea biscuits
- 100 grams mini marshmallows
- 2 teaspoons icing sugar (for dusting)
- optional, handful of raisins

Makes 24 bars .at least or more if you are cutting them small to make sure everyone at a Saxons event gets at least one piece.

METHOD

1. Melt the butter, chocolate and golden syrup in a heavy-based saucepan. Scoop out about 125ml / ½ cup of this melted mixture and put to one side.
2. Put the biscuits into a freezer bag and then bash them with a rolling pin. You are aiming for both crumbs and pieces of biscuits.
3. Fold the biscuit pieces and crumbs into the melted chocolate mixture in the saucepan, and then add the marshmallows. NB, add the marshmallows at the very last minute otherwise they will melt.
4. Tip into a foil tray (or tray lined with foil) (24cm / 9 inch square); flatten as best you can with a spatula. Pour the reserved 125ml / ½ cup of melted chocolate mixture over the marshmallow mixture and smooth the top.
5. Refrigerate for about 2 hours or overnight.
6. Cut into 24 fingers and dust with icing sugar by pushing it gently through a tea strainer or small sieve.

All credits to Nigella Lawson, recipe from Nigella Express.

SAXONS RANKING TABLE AS AT 30 April 2017

Pos	Prev.Pos	Name	Age class	Top-12	Runs
1	(1)	Peter Martin	M65	1200	26
1	(1)	Mark Glaisher	M65	1200	20
3	(29)	Sarah Howes	W55	1122	14
4	(6)	Alison Howe	W45	1117	18
5	(3)	Alan Hickling	M50	1109	29
6	(5)	John Van Rooyen	M65	1063	15
7	(8)	Beryl Pring	W70	1057	14
8	(10)	Heather Brown	W65	1054	15
9	(7)	Jean Fitzgerald	W60	1030	20
10	(11)	Dave Pickup	M45	1029	23
11	(4)	Mel Taylor	M50	1025	15
12	(15)	Joanne Hickling	W50	1006	12
13	(14)	Simon Blanchflower	M60	1003	15
14	(9)	Brendon Howe	M45	995	15
15	(12)	Jeremy Oldershaw	M75	982	24
16	(13)	David Kingdon	M65	974	20
17	(16)	Simon Greenwood	M60	938	24
18	(18)	Doug Deeks	M75	935	18
19	(17)	Mike Perry	M70	915	18
20	(19)	Simon Deeks	M45	906	17

Good to see so many ladies in the chart, Sarah Howes is getting back into top form, will she be able to move Peter Martin and Mark Glaisher off the top.



Thank you Alan Hickling for keeping the statistics. Alan uses a special formula that adjusts for age.

South East League results

	Northaw Woods 19 Feb. HH	Mill Bank Woods 19 March. SAX	
JM		102	
M21/35			
M40/45		282	
M50/55		306	
M60-85	473	818	
JW		6	
W21/35			
W40/45		139	
W50/55	99	229	
W60-85		319	
String/Other			
Total	572	2202	

You can see what difference it makes if we host the event. We beat Southdowns convincingly at Mill Bank Woods. They only got 1727 points. We won this event- **THANK YOU AND WELL DONE** to everyone who turned up. As a result we moved up the League table one place to 4th behind SO, HH and SLOW.

Last event in the series this season.

14-May-17	SO	Arundel Estate
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A SELECTION OF FUTURE EVENTS

Always check the relevant club website for changes

		Level	Club	Location
13 & 14 May	Southdowns Weekend 2/3. Urban + Middle distance + SE Long Champs	C/B	SO	Chichester, Arundel, Rewell Woods
Sat 13/05/17	NW Kent League 3	D	DFOK	Jeskyns Community Woodland, Gravesend
Sat 20/05/17	Kent Orienteering League 9	D	SAX	Mill Bank Woods, Sevenoaks
Sun 21/05/17	SOS Urban Colchester	B	SOS	Colchester.
Tue 23/05/17	DFOK Park Race	D	DFOK	Danson Park, Welling
27 – 29 May	Springtime in Shropshire 3 days of events	B	HOC	Shropshire
Sat 03/06/17	DFOK NW Kent 4	D	DFOK	Foots Cray, Bexley
Sun 04/06/17	SAX District Event	C	SAX	University of Kent, Canterbury
Sat 10/06/17	DFOK Kent Orienteering League 10	D	DFOK	Lesnes Abbey, Abbey Wood
Sat & Sun 10/ 11 Jun	BOK Blast - City Races	B	BOK	Bristol
Sun 18/06/17	SE Relays	C	SO	Capite Woods, Sussex
Sun 18/06/17	Saxons Summer Series	D	SAX	Whinless Downs, Dover
Sat 24/06/17	Kent Junior Orienteering Festival	C	DFOK	Lullingstone, Shoreham
Sun 25/06/17	Bike O round Brenchley		SAX	Brenchley
Sun 25/06/17	Harvester Overnight Relays	B	DRONGO	Newby Bridge, Lake District
Sat 01/07/17	DFOK NW Kent 5	D	DFOK	Lesnes Abbey ,Abbey Wood
Sun 09/07/17	Saxons Summer Series	D	SAX	Bedgebury, Goudhurst
Thu 13/07/17	Saxons Summer Series	D	SAX	Perry Wood, Faversham
Sun 16/07/17	Saxons Summer Series	D	SAX	Mote Park, Maidstone
Tue 18/07/17	DFOK Park Race Series	D	DFOK	Lloyd Park, Croydon
Sun 30 July – Sat 5 Aug	Scottish 6 Days	B	MAROC	Aberdeen area
August bank holiday	White Rose Weekend	B	EBOR	Yorkshire

A Glossary of abbreviations can be found on the Mole Valley Orienteering Club (MV) website. http://www.mvoc.org/Jargon_Buster.htm. Some are below.

- SE League- - in bold in the table above. These events are held on the best areas in the South east. You collect points for your Club.
- KNC- Kent Night Cup =Saxons weekly night orienteering – 1 hour score event then meet in a pub. Suitable for all abilities but you will need a torch.
- KOL – Series of Saturday morning events held jointly SAX and DFOK, suitable for all. Juniors collect points for their school.
- SOG- Southdowns Orienteers Saturday series.
- **Level D: Local** Low key local events put on by clubs primarily for their own members and newcomers. Generally a limited number of courses are available. Areas used tend to be small and may be less technical than those used at other events. Saxons KOL and KNC events are level D events. Advantages are that they are generally cheaper to enter than the other events and are generally friendly events where members and newcomers can get to know each other.
- **Level C - District** These generally have six courses available of different lengths and technical difficulty. They are aimed at club members plus participants from other clubs and generally attract larger numbers of entries.
- **Level B. Regional** These are more ‘high status’ events that aim to attract orienteers from around the country. Generally they use the best terrain that can be found within a particular club’s mapped areas. There may be 10 or more courses available. Serious orienteers enter a course specified for their age class, so they compete directly with their peers, but you can decide to enter a different course if you wish.
- **Level A: National** Event- Major Competitions (Championships) for elite and club orienteers. Best terrain possible is used. Age based courses but will normally be colour courses suitable for beginners, not so competitive and/or the less confident even at these events, so you can enter with your less keen family members and still have a fun day out.

HOWEVER - I noticed in the January edition of the BOF e-news that they are proposing to relabel events as follows:-

Level A - Will become ‘Major Events’

Level B ‘- National Events’

Level C - ‘Regional Events

Level D - Local Events

Oh dear, we will have to get used to some new terminology again

SAXONS OUT AND ABOUT

Portugal O meeting 2017. February 25 – 5 March .

Why would you want to go to the Portuguese O Meet.? The main reason is for the completely different technical terrain; it must be good because Thierry Gueorgiou, 13 times orienteering world champion always goes. You might get the opportunity to stand in the same start box as him or have him crashing by. In how many other sports do the elite and the social joggers get to participate at the same time? What else makes the event stand out - so many M & W 21s (470 to be precise), local delicacies and posh cakes for sale at lunch along with the normal pasta and burgers, hot tea and biscuits at the finish, free accommodation (if you are willing to sleep on a sports hall floor) or at the other end of the scale you could pay to stay in a Pousada instead . They have baby sitting facilities so you can go with a young family. That used to be available in the UK but CRB checks put pay to all that



The terrain is very technical and exciting – watch this **REALLY REALLY GOOD** video <http://pom.pt/2017/en/2017/02/26/day-1-video/> to show you why we went. Remember it was February and it was cold in the UK.

Rowan Purkis

Richard sent the following more detailed write up

Sun, Snakes and Snow .

Sarah Howes, Mark Glaisher, Rowan & Jerry Purkis and I joined the few thousand orienteers who flock to Portugal for the annual Portugal O Meeting (POM) and this year a record total of 36 nationalities entered. Aside from the Portuguese, the next highest number of entries surprisingly came from Sweden, rather than Spain who, along with the other Scandinavian countries, come to train and race on incredibly technical terrain whilst the ground back home is covered with snow. Others, like my parents who go every year, go just to escape to somewhere sunny. This was my second POM and this year it was



based in the municipalities of Crato, Alter do Chão and Portalegre in Southern Portugal, 20km from the Spanish border. That's the red pin on the map.

Middle Distance Day 1 @ Aldeia da Mata : You should only ever run as fast as you can orienteer and, in a technical rocky area where everything looks the same, I found I really had to slow down to maintain concentration. Unfortunately I wasn't able to maintain this for the whole course. No stand out performances. I think everybody found it tough.

Night sprint Day 1 @ Alter do Chão: Only the Purkis contingent went along to this. The street layout wasn't very complicated but you had to have your wits about you, especially for the last few points in a small park where it was very easy to lose time.

Long Distance Day 2 @ Aldeia da

Mata: Same area as Day 1 but a 1:15,000 map for me when I found hard to navigate yesterday at 1:10,000. I forgot it was a Sunday and no supermarkets were open so instead of jelly babies i had to rely on some chocolates and toffees from the hotel to get me round. Managed to just finish within the 3 hour time limit. Star performance was from **Sarah** who almost broke into the top 10.



Mark Glaisher, photo-POM photographer

WRE Middle Distance Day 3 @

Entre-Ribeiras e Coutadas: My worst run so far and I saved it for the most important day when it was WRE and I couldn't wear GPS. I would like to think I could blame it on the small snake slithering around in the start lane that freaked me out but probably not. I think everyone struggled to get a grips with this new area.

Long Distance Day 4 @ Entre-Ribeiras e Coutadas: Being over 1 hour behind the leader over the previous 3 days, I was in the mass start along with everybody who had either missed a day or were just as bad as me. Not a difficult course and I finished about half way down the list of the others who also mass-started. Great runs from Sarah and Mark who were both high up on the results just over 10 minutes down on the leader.



Photo- Rowan

As if I hadn't done enough orienteering over the past 4 days, my parents and I then travelled up North to Aguiar da Beira which was the centre for three more top class races over the following weekend. (that's the blue dot on the map above)

We decided to get a feel for the terrain at the Model event on the Friday and incredibly it was snowing! It was 17°C last Saturday. Along with having to dig out that cagoule which was at the very bottom of my bag it meant the rocks were slippery and absolutely lethal.

Saturday WRE Middle Distance @ Aguiar da Beira Norte: More snow overnight meant the rocks were in no better condition and with no spikes i was picking very slow, careful lines over the rocks. A stupid route choice at the end meant I was near the bottom. Rowan found there was no point competing against the foreigners so comparing results with the British ladies she was 3rd out of 6; her best result.

Saturday WRE Sprint: Not that much time to recover as before it got dark the sprint race was around the town of Aguiar da Beira but sadly the courses didn't get up as far as the castle on the hill. Organisers had attempted to make the course more technically difficult by adding many uncrossable fences to create route choices. Post-race analysis revealed I could have picked a better route choice multiple times.

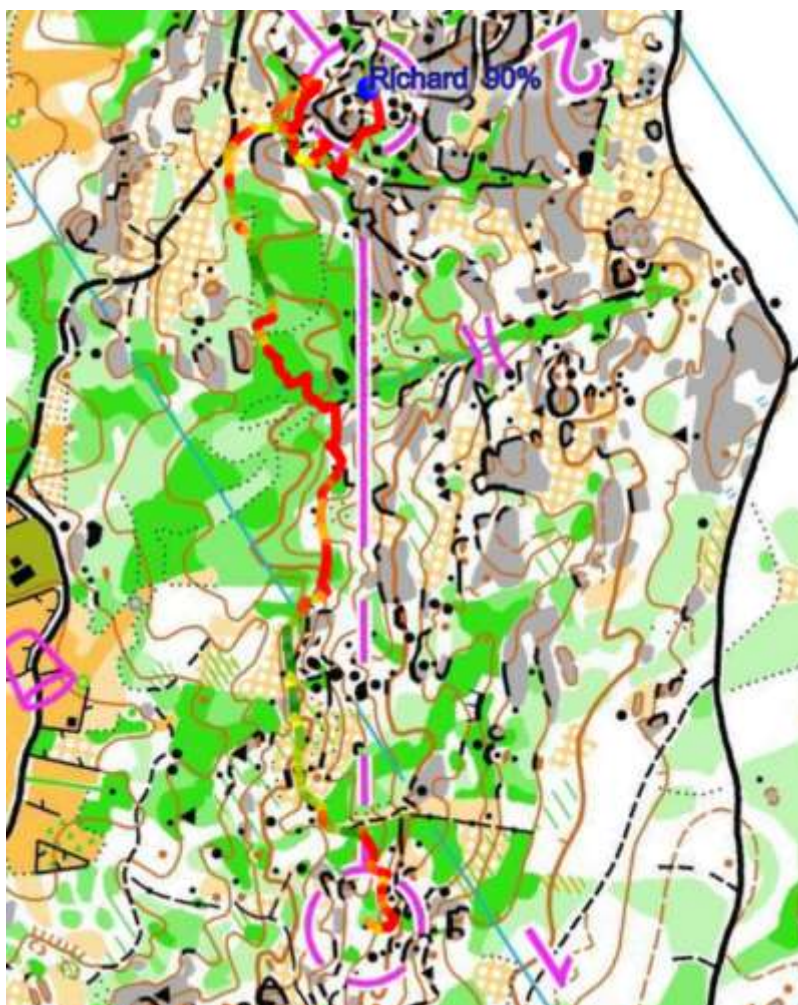
Sunday Long Distance @ Aguiar da Beira Norte: They say once you go elite, you should never go back, but maybe today was the day I should have dropped down. Still...at least I finished. 89 Started the Men's Elite but 45 had to retire. Only 44 finished, and I was 42nd taking 3 hours 45 mins. Mum and Dad shared my troubles and both brought up the rear.

This was the toughest course I have ever done. I was out for 25 mins more than the JK 2015 at Bigland and I would like to think I have improved in the two years since. To summarise it was almost 4 hours of non-stop getting stuck on top of rocks (which were still very slippery), getting



stuck in green, or being lost. The 1:15,000 map was very black/grey and the areas which weren't were normally impenetrable fight. Comparing my routes to the top runners I often picked the same route choices, they were just running much faster over the terrain (I don't know how) and more importantly not getting lost.

Leg 1-2 epitomises my troubles. Trying to scale the 5ft cliff at 2 from below was hard enough on its own.



If you want to experience this terrain I've heard it will be used for POM 2020. I'm hoping now any map will seem easy compared to this.

Richard Purkis M21

(Editor's note Richard used QuickRoute to upload his GPX track onto the map. It's the green and red track. The green does not show up well against the forest but that's when he was running. The red shows the slow bits of the route, climbing down rocks, fighting through forest or generally lost!)

And what were folks back in the UK up to?

23 Feb 2017 Benenden School Kent Night Cup

A windy night, with the effects of 'Storm Doris' still very much in evidence. Twenty six competitors attended, 14 of whom were Saxons. Numbers were a bit down on previous events with some 10 KNC regulars in Portugal for some warm weather orienteering!

The school grounds are a mix of buildings, open fields and pasture and some woodland. With the map at 1:7,500 scale, the Planner used two series of 10 controls, with a long and short dumbbell, so a maximum of 220 points were on offer.

Brendon Howe was top Saxon with 200 points, just behind winner Neil Crickmore from SO who scored 210. Alison Howe, who came direct from Heathrow for the event, was first lady with 170 points.

David Kingdon – Planner/Organiser

Sun 12 March Compass Sport Cup heat Ashridge, Berkhamstead HH.

See Team Captains article.

Mill Bank and Whitley Woods 19 March- S E League event

Hopefully you have already read the Organisers report in Coaches Corner. Here are the noteworthy Saxons results

Huge congratulations to these 1st, 2nd and 3rd places:-

1 st	Henry Taylor	M14	Light Green
1 st	Jeremy Oldershaw	M75	Short Green
2 nd	Austin Howe	M12	Orange
2 nd	Mark Glaisher	M65	Short Blue
3 rd	Toby Prior	M12	Orange
3 rd	Doug Deeks	M75	Short Green

Jeremy Oldershaw about to race off on his winning Short Green run. Photo Rowan



Best of the Rest:-

1 st Saxons men and junior men			
Blue	Nick Betts	M50	14th
Brown	Simon Deeks	M45	16th
Green	Tim Lund	M60	6th
Sh Brown	Dave Pickup	M45	4th
Light Green	Neil Bricknell	M50	5th
	Matthew Derrick	M14	8th
Sh Blue	Alan Hickling	M50	9th

1 st Saxons women and junior women		
Cate Slade	W40	36th
Fiona Wilson	W55	8th
Ffion Bricknell	W14	10 th
Alison Howe	W45	8th



The Score course was well supported with 7 adults choosing it. 2 former Saxons members from the 1980s made an appearance. Tom Newman has been a few times and today he brought along Peter Le Voir (pictured) Does anyone remember them? Tom enjoys the Score challenge and ignores the 60 minute time limit

Rowan Purkis- Organiser

Finally - thanks to Rob Sibley for this feedback

“ I thought things went really rather well. There is ample parking on the forest roads. I hope we use the area again. I enjoyed my run and quite shocked when I got back to download to see that there must have been 20-30 orienteers socialising! The tent, hardstanding and refreshments made a great place to chat afterwards. I was told by Fiona to have some cake. So I cut myself a large piece and very good it was too. Many thanks.”

The Saxons Shield

This was awarded for the first time in many years at the Mill Bank Woods event. Southdowns won the Senior Shield. Saxons won the junior shield- WELL DONE the Junior team!!!!



Photo- Heather Brown

Here are some of the team holding the trophy

Editor is having trouble tracking down the history of the Saxons Shield trophy. Does anyone have any memories of its origins?

23 March Ightham Forest North – Kent Night Cup



55 competitors might be a record for a KNC forest event, and it was nearly a few less as Mark had only printed 50 maps the previous day. Fortunately prompted by a late rush of emails I requested 3 more, and with 2 that Phil used for putting out controls there were 55 maps for 55 people. A touch stressful as recycling maps is tricky with a mass start score event, but at least at our treasurer will be happy!

Ightham was in perfect condition, and times were fast, with Brendon and Neil Crickmore found all 20 controls with quite a few minutes

spare. The pub was perfect for the final KNC meal of the season, low cost good food (carvery), plenty of room and only 400 metres from the start/finish.

As an organiser you see a different side to these events. Something I noticed was how much people talked, both before and after the event. 55 people, it sounded like 155. Happy and excited people do make a lot of noise.

Best results from Saxons. - 2nd Brendon Howe, 9th Jon Peet, 12th Alison Howe, Jane Lambert (SO) won the "Nick Hope Trophy"

Sean Cronin-Organiser/ Planner – in the photo reading out the results

25 March Angly Woods. Kent Orienteering League SAX

52 SAXONS came to the lovely Angly Woods in Cranbrook on a sunny .Saturday.



Photo Heather Brown

The courses set by Alan Hickling must have been particularly tricky to cause all this discussion after the runs.

Best Saxons results:- (red is 1st, 2nd or 3rd)

Blue/ 26	Mark Glaisher	M65	2nd	Alison Howe	W45	4th
	James Ford	M18	17th			
Light Green / 32	Sarah Howes	W55	3rd	Robin Kingman	M65	4th
	Elsa Burdett	W16	10th	Michael Cameron	M16	9th
Orange	Austin Howe	M12	2nd	Helena Kiggell	W12	4th
Yellow/ 19	Ben Cronin	M10	1st	Kasie Chapman	W9	3rd
	Alfie Mayne	M8	2nd	Abigail Wilks	W12	4th

Sat 8 April KOL White Horse Woods, Meopham, DFOK

White Horse Woods were looking very beautiful. Lots of wood anemones and bluebells. The old war time trenches add extra interest.

Some noteworthy Saxons results at this event.

Blue / 29	Dave Pickup	M45	2nd	Alison Howe	W40	7th
	Andrew Derrick	M45	6th	Lisa Blair	W40	11th
Light Green/ 24	Sarah Howes	W55	2nd	Elsa Burdett	W16	11th
	Neil Bricknell	M50	4th	Ffion Bricknell	W14	15th
				Matthew Derrick	M14	17th
Orange/ 10	Austin Howe	M12	4th			
Yellow / 17	Fiona Pennington	W14	1st	Ben Cronin	M10	3rd
	Kasie Chapman	W9	6th	Charlie Mackins	M8	4th

Good to see some university students home to give James Ford some competition:-

Blue /29	David Thomas (Lancaster)	M21	4th
	James Ford	M18	12th
	Liam Ives (Cambridge)	M20	13th
	Alex Betts (?)	M20	16th





Your Editor did not compete in the orienteering but decided instead to look for a geocache at the foot of an unmarked 30' cliff in the "green" on the map on escarpment. It's not that far from the path but not marked on the O map.

I showed this photo of the cliff to mapper and planner Neil Speers (DFOK) who promised to mark it on the map so that night orienteers do not fall off the cliff on a bearing at night.

It's a knockout (SO Tilgate Blue 26th March)

It felt like grass on my lips. Instinctively I went to brush it off then realised I was lying face down in it. Turning my head I looked up and immediately knew where I was: running to the last control, Tilgate Park. Except that I wasn't running. I was flat out on the ground. Penny – who I'd just passed – arrived and asked if I was ok. 'I'm fine' I said, feeling my head 'just keep going.'

It was only about 200 metres to the finish and by the time Penny returned I was getting to my feet. I was most grateful for her caring company and conversation. She walked me to Download where Anna checked me over and got me to hold ice packs to my head. I was encouraged to go to A&E but eventually, after Mark had taken me home, I decided it wasn't necessary. Within two weeks the wounds had healed, the swelling was gone. By the time of the JK even the neck ache had gone. But the questions lingered on. As I had ducked under a bough I'd seen a second one. I hadn't seen the third one. But why not? I was running hard. I'd had a good run but just wasted three minutes going to #1 instead of #18. Frustrated and in my haste to finish fast I'd compounded the reading error with a physical error. That still hurts!

Peter Martin

Easter 2017 JK in the South East

- 14 Apr, Good Friday – Sprint at Brunel University – 19 Saxons competed
- 15 Apr, Day 2 Middle Distance - Ambersham Common, Midhurst -38 Saxons
- 16 Apr, Day 3 – Long Race -Holmbush & Buchan Country Park – 37 Saxons
- 17 Apr, Day 4 Relay day - Pippingford Park. 7 Saxons teams of 3

Jerry Purkis has been the Organiser for Day 4 of this event for more than a year and is very pleased it's over. A very big thank you to everyone who came to help on the Sunday (setting up) and the Monday especially if you were not running. Jerry says that now he has organised a level A event, can he step down and retire?. His memories of the day:-
400 teams including some from Norway, Sweden, France and Ireland. Sorting out parking 700 cars plus mobile homes – thanks to Mark Glaisher and his team. Finding spaces for 10 traders who



Jean helping to set up on the Sunday. We put out many miles of red and white tape and ran out of posts.

arrived even earlier than us on the Monday. . Where to put 3 large marquees- fortunately the JK team had arranged for them to be put up and taken down by professionals.

Andrew Evans (DFOK) was the “Equipment Officer” - his job was to source all the equipment and get it to the right event on the right day. New professional first aid team ready to race into the woods. 150 controls put out in the woods. Neil Crickmore from SO was the planner,. SO also took charge of SI, big thanks to them. 70 helpers from DFOK and SAX on the day plus about 30 from SO on SI and control collecting. Mark G, Rowan, Jean F and Mike Solomon were team leads. (Editors comment - for this we got a JK jacket (it’s horrid I will never wear it). Unimaginable extra levels of complexity for every issue- 18 months of planning and over 2000 e-mails- his inbox is so empty now he does not know what to do with himself.

And it all went to plan with no complaints, the disputes jury had nothing to do (unlike the British Relays a month later!)



Saxons on Day 2

Jerry and Rowan found time to enter Day 2 on the day and pottered round the Light Green course being the most technical you can EOD. No time to do any other days so a big thanks to the following write ups from Jeremy Oldershaw and Peter Martin

Day 1 - How to end up in sixth place in the Sprint event when you know you have mispunched!

I had a not very memorable run; I certainly wasn’t going to win M75 as I made a couple of pathetic route choices and as we all know seconds count. But when I got to download I was

told I had missed number 9. A quick study of the map confirmed this to be the case – so I returned home annoyed that 150 miles of driving for 18 minutes of running had been wasted by a mispunch. I looked at the results when I got home and there it was loud and clear, m9. But I did notice that another competitor in my class had the same m9. I carried on with my evening and later decided to have a look at the results in general to see who had done what etc. To my surprise I discovered that I had been reinstated and I was sixth and my fellow competitor had also been reinstated. Forward to Saturday and Ambersham. I talked about this surprising scenario to several people, not only Saxons but other club members. I then decided to go to enquiries but of course it was different clubs and they were not really interested. But I met Arthur Vince, the other affected competitor and he told me that at some time during the event, control no 199 had been moved from its “Building Corner” position into the said building and that he had lodged an official complaint as he had been delayed by this problem. Now he is a senior controller and was on the jury for Day 2 so I’m sure a lot of notice was taken of his complaint and I benefited from this and was thus placed 6th! It didn’t make any difference to medals or anything too serious so I have just let it stand.

Day 3 - The mysterious disappearing helicopter!

Great play was made in the details of Day 3 at Holmbush and Buchan of a helicopter in the paint ball area, telling us that it wasn’t a viable proposition but that it was marked on the map by a black x. This was not itself the control site but was beside a short earth bank hiding a biggish depression (8x6) that was my control site. As I came up the slope towards my control – and I was happy I was in the right place – I noticed the wrecked helicopter. A quick check of the map to get the final detail and no black x was visible. So some hesitation on my part until another competitor came in from my right, disappeared into a depression and moved on. So I also punched and moved on, mystified by the lack of the symbol. I think I mentioned this around the tent but didn’t worry unduly until getting home and looking at RouteGadget I saw that my course had a black x on the map that wasn’t on my event map. So the BIG ethical question is – Was the error of Friday balanced out by the mapping error on Sunday?

Jeremy Oldershaw



Neil Seers was the Start Marshall for the relays and this is the start of the very first race, the Mini Relay. Rob Lines (SO) the official photographer has got his foot stuck in the start tape.



A lull in the rush to hand out the maps- 400 teams x 3 = 1200 maps

Keep contact with the map by Peter Martin

For the JK relay some enterprising person had installed a life-sized artificial pink and black Friesian in the event field as a spectator control site. I had observed it before starting and made a mental note of where it was positioned relative to the field edge and a nearby fallen tree. For the relay, control descriptions are not printed separately but just on the map itself. I reminded myself to be particularly careful positioning my thumb when folding and refolding the map.

On the course half an hour later and heading for the cow, emerging from the wood I noticed the



huge crowd of spectators. I had already set my compass to a bearing for leaving the cow but as I lifted my hand to re-orientate the map I saw only a twig between my fingers. Somehow I'd dropped the map. I retraced my steps and found it after only about half a minute and still within sight of the cow and the crowd. I don't know whether any spectators saw all of this, and it made little difference given that I was already last but the memory of that cow will serve as an extra *aide memoire* in future to always keep contact with the map!

Neil Crickmore (SO) spots a cow on the roof of one of the army cadet huts.

The back cover shows it being transported into position

A BIG THANKS TO THE HOWE, DERRICK AND PRIOR FAMILIES

for manning the Day 4 string course. It was very popular

(below- Mike & Jerry pegging it out)



Noteworthy Saxons results over the JK weekend:- Red being 1st, 2nd or 3rd.

Day 1	Men's Open	David Thomas	M21	7/49	
	M75L	Jeremy Oldershaw	M75	6/17	
Day 2 & 3	M14B	Matthew Derrick	M14	2nd overall	1/10 on day 2
	M65L	Mark Glaisher	M65	12 th overall	7/66 on day 2
	M75L	Jeremy Oldershaw	M75	8 th overall	8/30 on day 3
	W55L	Sarah Howes	W55	8 th overall	7/52 on Day 3
	W70S	Beryl Pring	W70		4 th on Day 3
	W85L	Dorothy Hale	W85	1st overall	1 / 2 on day 2

On Day 4 the Saxons relay team worthy of a mention is the Saxons Stars running the Mixed Ad Hoc class Green/Orange/Green including 2 relay newcomers Ffion and Neil Bricknell with Neil doing his first TD5 course. They finished a commendable 46/68. Congratulations to all 7 teams for finishing without any mispunches. Relay event planners do their best to trick competitors into punching the wrong control so that even the very fastest teams get disqualified if just one team member mispunches. .

Rowan Purkis

Sunday 23 April - S E Middle Distance championships at Wimbledon Common SLOW

Mark Glaisher M65 2nd Sarah Howes was 3rd

(Photo credit SLOW)



Precis of minutes of Saxons OC Committee Meeting, 10 March 2017

- Plans for Summer Series circulated
- Dates for a Bike O 'series' suggested.
- RP to plan meal out
- Mapping activities possible East Ashdown or Eridge, Challock and possibly a bundle of maps around Tunbridge Wells
- Urban in 2018; might be Rochester or Kings Hill
- Facebook was used to publicise the Hindleap Warren event in the week leading up to the event reaching 1896 people; 25 actively clicked on the event. Demographics showed most engagements were of the ages 35-54; no activity from younger people
- Promotion of KOL and KNC events continues with Mailchimp and Facebook (open page and closed group)
- 109 current members; 21 lapsed members. FW has emailed lapsed members.
- Junior Orienteering Festival to take place at Lullingstone on 24 June 2017 at Lullingstone, organised by DFOK
- Heather Brown fostering school contacts in Maidstone, Chatham
- Henry and Matthew Taylor have been invited to join the SE Junior Squad
- JK update: JP - More than 500 participants for relays so JP has had to liaise with local council re safety. 60 volunteers needed for the day (Sax, DFOK and others). Key roles have been allocated (JF, MS and MG for Sax)
- SEOA update: RP reported that Judith Holt, Chair of Board of Directors- had attend SEOA meeting. SG is clarifying various insurance issues with BOF. Website is being updated but slowly. Post JK there is to be meeting of development reps from each SE club.
- Helper discount; agreed will be £2 for level C and above
- Club has purchased a perch stool
- SEOA colour coded badges: RP will put a piece in SaxAlert
- Next committee meeting - 12 May DK

SAX QUIZ ANSWERS

Happy Easter in different languages –

Frohe Ostern - German	Vrolijk Pasen - Dutch
Joyeuses Pâques - French	Feliz Páscoa - Portuguese
Buona Pasqua - Italian	Veselé Velikonoce - Czech
God páske - Danish	Gleðilega páska - Icelandic
Felices Pascuas - Spanish	Pasg Hapus - Welsh
Huvää pääsiäistä - Finnish	Честит Великден - Bulgarian
Счастливой Пасхи - Russian	Hau'oli Lā Pākoa - Hawaiian
Àm na Càisg math – Scots Gaelic	Sretan Uskrs - Croatian
Καλό Πάσχα - Greek	Mutlu Paskalyalar - Turkish

**Club Committee & Officers
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See website for faces

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Doug Deeks	Auditor		

A SELECTION OF JK PHOTOS



SAXALERT is the official journal of Saxons Orienteering Club.

Views and opinions expressed in SAXALERT are those of the individual contributors and do not necessarily reflect the views of the editors, the club committee or Saxons Orienteering Club.