

**HINDLEAP WARREN REGIONAL EVENT
SUNDAY 3rd DECEMBER 2006
FINAL DETAILS**

Saxons Orienteering Club welcomes you to Hindleap Warren for our 2004 Regional Event.

DIRECTIONS

The Grid Reference for the entrance to the parking and assembly area is TQ419346 on O.S. Landranger 187, 0.75km south west of Forest Row. The event will be signed from the roundabouts in Forest Row.

CAR PARKING

By kind permission of Michael Hall School, we have been offered car parking areas at the School, Kidbrooke Park, Forest Row. There will be a parking charge of **£1 per car** which will be passed on to the school. Please have exact money available. Please phone the organiser (01580 720135) if you wish to bring a coach.

ASSEMBLY AREA

The Assembly Area will be at Michael Hall School and will include:

Regional and Colour Coded EOD registration	Toilets (Portaloos)
SI Dibber Hire	SI Download
Enquiries	Results Display

REGISTRATION AND ENQUIRIES

Pre-entered (and pre-paid) competitors for badge courses with their own SI dibbers may go directly to the start. Details of start times and SI numbers are enclosed with these details and available at www.saxons-oc.org Please check that they are correct and, in the event of problems, contact the entries secretary on 01634 406876 or ian-wilson@blueyonder.co.uk

Control Descriptions are enclosed with these final details and will be available on the day from the Registration Tent. They will also be available at www.saxons-oc.org

SI Dibber Hire will be at Registration. Regional course competitors who have requested a hired dibber should ensure that they collect the one pre-allocated to them – see start slip or start list for dibber number.

Split starts: Parents who have requested split starts have been allocated a fixed time for the first runner. The second runner has also been allocated a start time but will be able to change it, if necessary, at the start.

Pre-entered competitors who have **not paid** should go to Registration to pay and collect their start slip which must be taken to the start. **No slip – no start.**

Late entries and entries on the day will be accepted for regional courses while overprinted maps last. Enquiries about availability of late entries can be made to **Ian Wilson, 16 Haig Avenue, Rochester, Kent, ME1 2RZ**. Phone 01634 406876 (before 2100hrs) or by e-mail to ian-wilson@blueyonder.co.uk

Late entries and competitors wishing to enter on the day should go to the Registration Tent on arrival.

Registration 9:30 -11:30 Starts 10:00 – 12:00

Fees for late entry and entry on the day are as follows:

Regional event course	Seniors £10.00; Juniors £6.00
Colour coded	Seniors £4.50; Juniors Free
Dibber hire	£1.00

Colour coded courses A limited number of colour-coded courses (white, yellow, orange and light green) will be available for entry on the day. Novices should enquire about which course is most suitable for them. A member of Saxons will be on hand to offer advice and guidance.

String Course


A free string course for children of all ages will be available and will be signposted from the Assembly Area

MAP AND TERRAIN

A3 map, with 1:10,000 scale, with 5 metre contour for all courses, except course 14 and the white course, which use a 1:5000 scale map. Surveyed and drawn by Roger Maher and updated by Simon Beck, November 2006.

This is one of the most attractive areas in the south east for orienteering, comprising for the most part beautiful, very runnable woodland slopes on the northern edge of Ashdown Forest. The area has some small streams running through it, and in turn these create some marsh. There are relatively few open areas, and these are not extensive. There are some small deer paths which are not mapped and there is some ongoing forestry work – mainly to clear the dreaded rhododendron!! Courses will start and finish on the edge of the Conservators' land, within Michael Hall School grounds and all courses will use the best parts of the forest. Areas of 'Wet heath', which are environmentally sensitive, are marked on the map with the hatched purple 'out of bounds' screen. Competitors must take care to avoid these areas, which courses have been planned to avoid. Some boundaries of the 'out of bounds areas' will be defined with red and white tape, which must not be crossed.

Regional course maps will be pre-marked and bagged. Control descriptions will be printed on the map and will be available before the event on the Saxons website www.saxons-oc.org Please note that the control descriptions printed on the map will be pictorial for all courses including 11-14. Paper copies including written descriptions for courses 11-14 and colour-coded courses will be available at Enquiries.

The control description for a hide is a "X" and the control description for a platform will be .

Course 1 will have back to back Part a and Part b maps to aid course clarity.

Will parents of children running **Course 14 (JM1 & JW1) and the White course**, please make sure that their children are aware that from control 5 onwards, the course follows a small path which is indistinct in places. Where the path is indistinct, red and white tape streamers will be hung along the correct route.

For colour-coded courses, map bags will be available at Registration free of charge.

COURSES

Course lengths and climbs are as follows, subject to final controlling:

Course	Age classes	km	Climb m
1	M21L	10.4k	320
2	M35L, M40L	8.8k	240
3	M45L, M50L, M21S; W21L; JM5L	7.7k	215
4	M55L, M60L, M35S, M40S; W35L, W40L; JM5M, JW5L	5.8k	165
5	M65L, M45S, M50S, M21V; W45L, W50L, W21S	5.0k	135
6	M70L, M55S; W55L, W60L, W35S, W40S, JM5S, JW5S	4.2k	120
7	M75L, M60S, M65S; W65L, W70L, W45S, W21V	3.6k	105
8	M70S, M75S; W75L, W50S, W55S W60S, W65S, W70S, W75S	3.0k	85
11	JM4, JW4	3.3k	95
12	JM3, JW3	3.2k	110
13	JM2, JW2	2.3k	65
14	JM1, JW1	1.2k	30
White		1.2k	30
Yellow		2.3k	65
Orange		3.2k	110
Light Green		3.3k	95

START

The start and finish are fairly close together and are approximately 15 minutes walk from the Assembly Area. The route from the Assembly Area will be marked by streamers. The route to the start passes by the finish area where there will be an unsupervised clothing dump. Competitors should provide their own bags. Clothing is left at the owner's risk.

All regional event competitors will have pre-allocated start times rather than a slot in a start block as previously envisaged - PLEASE CHECK START LISTS CAREFULLY.

Call up will be at -3 minutes and unmarked maps will be available for perusal at -2 minutes. Late competitors will be started as soon as possible. Please note that there may be a substantial wait on some courses for the next available slot.

Because of the need to locate the start off Ashdown Forest itself (a requirement of the Conservators), at the end of -1 period competitors will collect their map and then cross a fence and ditch outside race time before punching at the start control. Competitors are expected to proceed immediately and punch at the start box and officials will be present to ensure fair competition.

The colour-coded pre-start is adjacent to the regional event pre-start and a master map system will operate. Juniors on the White and Yellow colour-coded courses will be allowed to be accompanied by an adult to check that they copy down their map correctly and to discuss their course with them. The same start procedure will apply to competitors on colour-coded courses as to those on regional event courses.

COMPETITORS MUST REMEMBER TO PUNCH THE START CONTROL AFTER CROSSING THE FENCE AND DITCH

FINISH

You must punch at the finish control and then proceed to the Download Area in the Assembly Area.

A print out of finishing times and splits will be handed to competitors. Preliminary results will be displayed during the event. **You must report to Download before leaving, even if you retire.**

Orange squash and water will be available in the Assembly Area.

Courses will close promptly at 2.30pm

HEALTH & SAFETY

Competitors take part in this event at their own risk. All competitors should carry whistles. The organiser may require that competitors wear or carry cagoules: competitors should come duly equipped.

Road Crossings

All courses (except 12, 13 and 14) cross and re-cross a minor road at unmanned crossing points, from nearby control sites – follow tapes and heed warning signs. Courses 1,2 and 3 also cross other minor roads at free choice locations and due care must be taken. Although these minor roads are subject to 40mph speed limits, traffic may be travelling quite swiftly and, indeed, faster. Some courses also pass near the A22, but do not cross this road – would parents please make their children aware of this.

All roads are out of bounds except at crossing points. However, for the sake of clarity, roads on the map have not been marked with the lines of red crosses that designate them as out of bounds. Please do not run along any roads.

First Aid

There will be a manned First Aid post in the Assembly Area. Officials will be equipped with maps and directions to the nearest hospitals with A&E services: Haywards Heath and Tunbridge Wells.

OTHER INFORMATION

Dogs

As we are parking on school premises we regret that dogs are not permitted at this event.

The Meridian Tree

Hindleap Warren is believed to be the only O area in the south east that is intersected by the Greenwich meridian line. This line is marked throughout the length of the country by specially planted trees, and the “Meridian Tree” on the Hindleap Warren map (actually in Ashdown Forest) has been specially marked. In the event that competitors stumble upon it accidentally, a plaque in front of the tree indicates its significance.

Pre-paid Maps

Anyone who has pre-entered and paid but is unable to attend this event will receive a map by post after the event.

Officials

Organiser – Ken Fox (01580 720135)

Entries enquiries – Ian Wilson, 16 Haig Avenue, Rochester, Kent, ME1 2RZ 01634 406876

Planners – Davie Kingdon

Controller – Dick Towler (LOC)

Last Minute Information (if any)

Will be available on 01303 813344 or at www.saxons-oc.org

In the unlikely event of the cancellation or curtailment of the event, the Club reserves the right to retain part or all of entry fees paid to defray costs incurred.

You take part in this event at your own risk.