

Kent Orienteering League

2009/2010



KOL 1

Saturday 26th September 2009

Downe Scout Activity Centre

To celebrate the Downe 80th Birthday

Map and Terrain

The map is 1:5000, and covers a small undulating area of runnable North Downs woodland surrounding the Activity Centre buildings. The area has an excellent network of paths and ground features.

Directions to the car park (GR 187/TQ431601) Post Code: BR6 7LJ

Downe Activity Centre is situated off Luxted Road 1 mile south of the village of Downe and the event will be signed off this road. Approach from the S via Jail Lane (junction with A233 Biggin Hill) - the N from the A233 Downe Road and Downe Village. The approach roads and entrance road to Activity Centre are very narrow – please take care and drive slowly, particularly on entrance road – respect local residents.

Course A: Will be as technically difficult as the terrain allows, about 5.5km long and aimed at the experienced orienteer.

Course B: Will be of intermediate difficulty, about 3.3km long and intended for the progressing orienteer but challenging enough not to disappoint those who require a shorter course.

Course C: Will be relatively easy, about 2.2km long and ideal for beginners, juniors or family groups, to develop skills.

REGISTRATION:

10.45 - 12.15

START TIMES:

11.00 - 12.30

COURSE CLOSES: 13.30

SENIORS: £4

JUNIORS: £1

FAMILY RATE: £8

(2 Adults, 2 children)

In addition, there is an

ACCESS FEE of £1/person

| | | Course Length | | | | |
|-------------------------|-----------|---------------|----------------|----------------|-----------------|----------------|
| | | XS 0-2.5km | S 2.6-5.0km | M 5.1-7.5km | L 7.6-10.0km | XL 10.1+ km |
| Navigational Difficulty | Very Easy | | | | | |
| | Easy | Course C | | | | |
| | Medium | | Course B | Course A | | |
| | Hard | | | | | |
| | Very Hard | | | | | |

If you are bringing a group then you must email in to advise for extra map printing - thank you.

Sportident cards (dibber) will be available for use on the day (Hire £1.00)

Newcomers of all ages are welcome. Map, basic instruction and electronic timing equipment will be provided. You don't have to be a member of an orienteering club. We recommend you email us at newcomers@dfok.co.uk so that we can arrange for someone to give you some help to get you started. Alternatively just ask one of the officials on the day.

ORGANISER/PLANNER: Phil Basford DFOK philb@ntrg.u-net.com

CONTROLLER: Chris Baker DFOK

For further information on this, and other DFOK events, check out our website www.dfok.co.uk

Your participation in this event is at your own risk

In association with SAXONS orienteering club

