



COMPASS SPORT CUP & TROPHY

SE Region

Mill Bank & Whitley Woods

Sunday 29th March 2009

LOCATION

Grid reference TQ 499528. From Junction 5 of M25 take A21 south . Turn left along A25 for approx 1mile and then turn right along B2042 towards Goathurst Common After approx 3 miles the car park entrance is on the left next to Woodman pub. Parking £1.

MAP

1:10000 map surveyed by Roger Mahler & Graham Gristwood. Used in Saxons Regional event 2008. Updated winter 2008/09 .

TERRAIN

Mixed forest with intricate contour detail in some places.

COURSES

| | | Approx Length | Compass Sport Cup Age Classes |
|---|---------------|---------------|-------------------------------|
| 1 | Brown | 9.0km | Men Open |
| 2 | Blue (Women) | 6.0km | Women Open |
| 3 | Blue (Men) | 6.0km | M45+ M20- |
| 4 | Green (Women) | 5.0km | W45+ W20- |
| 5 | Green (Men) | 5.0km | M60+ |
| 6 | Short Green | 3.5km | M75+ W60+ |
| 7 | Light Green | 3.5km | M18- W18- |
| 8 | Orange | 3.0km | M14- W14- |
| 9 | Yellow | 2.0km | EOD only |

Map - 1:5000

A mixture of course lengths and technical difficulty, suitable for newcomers to experienced orienteers and all ages.

ENTRIES

Cup clubs are HH, SO, WAOC & SAX. Trophy clubs are CHIG, DFOK, HAVOC, LOK, MV, SUFFOC & SOS. Members of these clubs participating in the Compass Sport Cup or Trophy should pre-enter, preferably through Club Captains, to *Rob Kingman, 126 Boxley Road, Maidstone, Kent ME14 2AH*. Each available start time will be allocated to one club. Club Captains will receive a spreadsheet showing times available to their club members and competitors can therefore select a suitable start time by liaising with their Club Captain. There will be limited entry on the day for CompassSport Cup and Trophy subject to map availability.

The event is also open to other competitors including beginners and assistance will be provided for those who are new to the sport; this is Entry on the Day only.

REGISTRATION

At any time between 10.00am to 11:45pm.

START TIMES

10:30am to 12:30pm. Courses close 2.30pm.

ELECTRONIC PUNCHING

Sportident will be used for all courses. SI cards will be available for hire at £1.00.

ENTRY FEES

For those participating in the Compass Sport Cup or Trophy fees are £8 senior / £4 junior to be received no later than 21 March 2009. Cheques payable to *Saxons Orienteering Club*. Late entries at a surcharge of £2 seniors and £1 juniors subject to map availability. Please contact the organiser by email - kingr013@medway.org.uk.

Limited entry on the day subject to map availability.

For those not participating in the Compass Sport Cup or Trophy, EOD only at £10 senior / £5 junior.

PLANNER ORGANISER CONTROLLER

Jean Fitzgerald & Mike Solomon (SAX)
Rob Kingman (SAX) kingr013@medway.org.uk
Simon Maytum (WCOC)

FACILITIES

Toilets in car park.
Dogs on lead in car park area only.
If you intend to bring a coach please will you let the organiser know.

COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK