



**Saxons Orienteering Club presents, as part of the  
South East Championships, a Middle Distance Regional Event**

**South East Middle Distance Championships**

**Blean Wood, Near Canterbury, 6<sup>th</sup> September 2009**

**LOCATION** Blean Wood is close to junction 7 of the M2 and will be signed from the A299 (towards Whitstable). Car Parking will be in a field at Grid Reference 070608.

**MAP/ TERRAIN: 1:7500** overprinted on waterproof paper. Delightful and generally runnable mixed woodland with a gorgeous river valley running NE-SW through the area.

**COURSES 8 Middle Distance Courses** (NB – course lengths listed below are rounded estimates)

- 1 – M20, M21, M35, M40 – around 6.0km
- 2 – M18, M45, M50 – around 5.25km
- 3 – W20, W21, W35, W40 – around 5.0km
- 4 – M16, M55, M60, W18 – around 4.5km
- 5 – M65, M70, M75, W16, W45, W50 – around 3.75km
- 6 – M14, W14, W55, W60, W65, W70, W75 – around 3.25km
- 7 – M12, W12 – around 2.75km
- 8 – M10, W10 – around 2.25km

**Prizes** will be awarded to the first 3 in each of the following age groups: M/W 10, 12, 14, 16, 18, 20-40, 45-50, 55-60, and 65+

**Colour Coded:** White, Yellow, Orange and Lt Green (EOD only).

**ENTRIES** **On-Line Entries are preferred** [www.fabian4.co.uk/default.aspx?EventID=223](http://www.fabian4.co.uk/default.aspx?EventID=223)  
Postal entries giving normal age class and course required on a standard BOF entry form with cheque payable to SAXONS OC to Sarah Howes, Green Westons, Pearsons Green, Brenchley, Kent, TN12 7DE enclosing one/two SAEs if final details and/or results are required.

**FEES**

Closing dates	Method	BOF Members		Non BOF members	
		Seniors	Jnrs/students	Seniors	Jnrs/students
30/08/09	Online/postal	£8	£4	£10	£4
	Late or EOD	£10	£4	£12	£4

**Sport**

**Ident Hire** £1 (Late entries and EOD subject to map availability)

**TIMES** Registration: 10.00 – 12:30 Starts: 10:30 – 13.00 Courses close at 15.00

**OFFICIALS** **Planner:** Dave Kingdon **Controller:** Chris Baker DFOK  
**Weekend Coordinators:** Anita Kingdon 07903 163953 [anitakingdon@gmail.com](mailto:anitakingdon@gmail.com) and Sarah Howes 07718 762667 [sarahmhowes@hotmail.co.uk](mailto:sarahmhowes@hotmail.co.uk)

**CONDITIONS** Entry details will be stored in a computer; submission of an Entry for the Event will confirm your acceptance of this procedure. In the event of cancellation, we may retain all or part of the entry fee to cover costs already incurred. Check [www.saxons-oc.org](http://www.saxons-oc.org) for final details and any changes.

**COMPETITORS TAKE PART AT THEIR OWN RISK**