| Position | Name | Club | Class | Controls | Time | Dumbells | Penalties | Score |
|----------|----------------------|--------|-------|----------|----------|----------|-----------|-------|
| 1 | Tom Davies | Saxons | M35 | 21 | 00:38:35 | 10 | 0 | 31 |
| 2 | Mark Purkis | Saxons | M20 | 21 | 00:38:55 | 10 | 0 | 31 |
| 3 | Alan Hickling | Saxons | M50 | 21 | 00:48:33 | 10 | 0 | 31 |
| 4 | Mark Glaisher | Saxons | M60 | 21 | 00:52:37 | 10 | 0 | 31 |
| 5 | David Thomas | Saxons | M20 | 21 | 00:43:29 | 9 | 0 | 30 |
| 6 | Jon Peet | Saxons | M40 | 20 | 00:52:28 | 9 | 0 | 29 |
| 7 | David Float | HAVOC | M45 | 21 | 00:45:02 | 6 | 0 | 27 |
| 8 | Andrew Derrick | Saxons | M40 | 21 | 00:38:26 | 4 | 0 | 25 |
| 9 | Phil Norris | Saxons | M65 | 21 | 00:45:46 | 4 | 0 | 25 |
| 10 | Keith Parkes | DFOK | M65 | 21 | 00:56:03 | 3 | 0 | 24 |
| 11 | Heather Brown | Saxons | W60 | 21 | 00:48:07 | 2 | 0 | 23 |
| 12 | Rowan Purkis | Saxons | W60 | 17 | 00:51:27 | 6 | 0 | 23 |
| 13 | Sam Prior | Saxons | W35 | 21 | 00:53:06 | 2 | 0 | 23 |
| 14 | Tony Conellan | Saxons | M75 | 20 | 00:53:08 | 3 | 0 | 23 |
| 15 | Tony Barrable | Saxons | M70 | 16 | 00:58:29 | 7 | 0 | 23 |
| 16 | Graham Thomas | Saxons | M50 | 20 | 00:58:03 | 9 | -10 | 19 |
| 17 | Anita Kingdon | Saxons | W60 | 16 | 01:00:58 | 1 | -1 | 16 |
| 18 | Michael Cameron | Saxons | M14 | 14 | 00:30:39 | 1 | 0 | 15 |

Planners Comment: Well done to everyone that took and tested this new fomat. Although the winning time and route length was shorter than expected, the format could be extended for KNCs using more controls (odds and evens). The weather was particular good for an evening park event.

Note: The score was 40's switch on 60 then 50's with the twist that competitors could get an extra point for every pair of controls collected as a dumbell crossing the lake. This added consderably to the distance and the mental challenge. You could of course ignore the extra dumbells and run round enjoying the evening sunshine.