



Southdowns Orienteers

Invites you to a Kent Night Cup and SONic 6
EAST GRINSTEAD NORTH WEST
Thursday 4th March 2010

Directions: TQ397381 Car park near the Chequer Mead Centre, De La Warr Road, East Grinstead, West Sussex, RH19 3BS. Many brown theatre signs to Chequer Mead are visible throughout the town.

http://www.multimap.com/maps/?qs=TQ397381&countryCode=GB#map=51.12633,-0.00455|16|4&bd=useful_information&loc=GB:51.12515:-0.00506:14|TQ397381|TQ397381

Public Transport: The nearest train station is East Grinstead - 10 min walk away. All buses stop at the High Street, 2 mins walk from the car park. http://www.metrobus.co.uk/service_index.php

Area/Map: New map - late 2009. 1:10,000, 25m contours. Terrain is a residential town with some parkland. Map will be printed on recycled waterproof paper (printed on the back of Borde Hill maps). **WE PROMISE TO HAVE AMPLE MAPS WITH NONE LEFT AT HOME!**

Times: Mass start at 1930h. 60 min score. Courses close 2030h. The start is adjacent to the car park with finish in the same place.

Equipment: SPORTident dibbers to borrow if you don't have one. Bring a torch. A compass and whistle are recommended. An A4 clue sheet for control answers will be used. Bring pen, pencil and one or more bag to protect clue sheet and map if desired.

Cost: Adults £3. Juniors £1 (SO Juniors free).

Course: Suitable for all abilities. 30 controls. Collect them in any order - as many as you can in 60 mins. 1 point per control and 1 point deducted for each minute or part of minute that you are late. Although this area of East Grinstead is flatter than last year, be aware of the contours - there are some hills in East Grinstead. Start and Finish are at about the highest point. Some roads will be OOB - no pedestrians are allowed on these. Do NOT ignore the OOB.

Prizes: Just a few. Please feel free to bring something if you would like to add to the number.

Coming? I would be grateful if you could let me know to aid with booking meals (see below) and the economical printing of maps. Any questions please contact me. 01342 322072
bridgethooper@btinternet.com

Après-O: At the Dorset Arms, High Street, East Grinstead. (Will be marked on your map - approx 300m from car park.) More details about this later - we may need to pre-book meals so please check back.

Results: These will be online at www.southdowns-orienteers.org.uk and www.saxons-oc.org.uk together with a short report as soon as possible after the event.