

## SAXONS ORIENTEERING CLUB

invites you to the

2009/10 KENT NIGHT CUP FINAL



at

## HINDLEAP WARREN

## **THURSDAY 25 MARCH 2010**

Directions	From Forest Row follow the A22 south to the Wych Cross crossroads (TQ 419320). Turn right at the traffic lights and continue for about 2km until you reach another crossroads. Turn right then immediately left into the forest car park ( <b>TQ 401326</b> ). Please park neatly as space is limited. Nearest railway station East Grinstead (6km).
Courses	60 minute score suitable for all abilities. Visit as many controls as you can. Controls score 1 point each with a penalty for lateness of 1 point per minute/part minute.
Map and Terrain	1:10,000 scale map with 5m contours. Maps will be printed on A4 waterproof paper. Typical Ashdown Forest terrain consisting of mixed woodland and open heathland with a good path network.
Coming?	<b>Please email the organiser if you intend coming</b> so we know how many maps to print. If you are new to Night Orienteering and would like someone to help you get started please email the organiser or make yourself known on the night.
Registration	19:00 to 19:15 (please don't be late).
Start	Mass start at 19:30 sharp.
Equipment	SPORT IDENT dibbers to hire if you don't have one. Some sort of torch essential plus a small backup/reserve. Whistle strongly advised.
Cost	£2 per person. Dibber hire £1.
Après-O	The Red Lion at Chelwood Gate, RH17 7DE. Retrace route to Wych Cross crossroads. Turn right at the traffic lights then right again after 150m into Lewis Road (A275). The pub is located about 1.5 km on the left hand side. www.shepherd-neame.co.uk/pubs/pubs.php/redlion_haywardsheath
Prizes	Prize giving will take place in the pub afterwards. The Men's and Women's KNC Cups will be presented to the first Man and Woman in the league along with prizes for the top 3 men and 3 women in the league. Separate prizes will be given to the first male and female vet (M/W40+) and first male and female supervet (M/W60+) who have not already received a prize.
Organiser	Simon Holford, <u>knc@saxons-oc.org</u> , 0797 128 4068

Updates and results on <u>www.saxons-oc.org</u>

## **COMPETITORS TAKE PART AT THEIR OWN RISK**