

**DFOK**  
invite you to a Kent Night Cup Orienteering Event at  
**Swanley**  
**Thursday 2 December 2010**

**\*\*\* Important Note \*\*\***

***Recent insurance advice from British Orienteering.  
Under 16's are not insured to cross busy roads while competing at events (only quiet residential type roads) unless road crossings are manned. This includes under 16's accompanied by an adult. Due to the number of potential busy road crossings on street events it is not practical to marshal all of these and so in this instance it is with regret that under 16's are not eligible to enter this event. Sorry.***

<b>Directions:</b>	Parking is in the public car parks off Nightingale Way (Grid Ref TQ 513 686 on OS sheet 177 / ME16 8AE) between Aldi and Wilkinsons. Nightingale Way is one way, with the entrance from the roundabout at the south-east end. Public transport: Nearest train station: Swanley (<1.0km).
<b>Grid Ref:</b>	TQ7513686
<b>Courses:</b>	Suitable for all abilities. 22 controls in total. Collect as many as you can manage in 60 minutes and in any order. Mass start 19.30hrs. Course closes 20.30hrs. Control values vary from 1 point to 5 points per control. 2 points deducted for each minute or part minute you are late back. Equipment: SPORT IDENT dibbers will be used to record finish time. If you don't have one, they are available to borrow from registration.
<b>Map and Terrain:</b>	1:10,000. 5m contours. Pre-marked waterproof maps. Street event, mainly lit but some unlit paths and roads (so bring a small head torch, or hand torch). A clue sheet will also be provided on which to record the clue answers. Bring a pen to write the answers and a plastic bag if raining.
<b>Registration:</b>	19.00 to 19.15 hrs
<b>Start:</b>	19.30 hrs (please arrive in good time for the start)
<b>Fees:</b>	Seniors £3. Juniors (above 16) Free. Juniors under 16 are not eligible to enter (please see note above).
<b>Facilities:</b>	Toilets – Public toilets in ASDA supermarket a minute walk from the car park (if they are back open).
<b>Further Info:</b>	Coming? It would be nice to know if you are coming to gauge how many maps we need to print off. E-mail neil.speers (at) blueyonder.co.uk  As a street event there are likely to be many road crossings necessary. It is recommended that competitors wear light coloured clothing, or a reflective top.
<b>Organiser:</b>	Neil Speers (DFOK) 01622 203377 (before 9pm only please)
<b>Planner:</b>	Neil Speers (DFOK)
<b>Après-O:</b>	The Lion Hotel, Farningham See website for typical menu ( <a href="http://www.vintageinn.co.uk/thelionfarningham/food/">http://www.vintageinn.co.uk/thelionfarningham/food/</a> ). Food ordering at the pub until approx 21:30hrs.

**COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK**