

DFOK

invite you to a Kent Night Cup Orienteering Event at

Swanley

Tuesday 15 March 2011

***** Important Note *****

***Amended insurance advice from British Orienteering.
Under 16's may take part in this event non-competitively provided they are accompanied by an adult at all times and the adult assumes full responsibility for them. Note that neither the junior nor the accompanying adult will be eligible for KNC league points.***

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| Directions: | Parking is in the car parks off Nightingale Way (Grid Ref TQ 513 686 on OS sheet 177 / ME16 8AE) between Aldi and Wilkinsons. Nightingale Way is one way, with the entrance from the roundabout at the south-east end. Public transport: Nearest train station: Swanley (<1.0km). |
| Grid Ref: | TQ7513686 |
| Courses: | Suitable for all abilities. 22 controls in total. Collect as many as you can manage in 60 minutes and in any order. Mass start 19.30hrs. Course closes 20.30hrs. Control values vary from 1 point to 5 points per control. 2 points deducted for each minute or part minute you are late back. Equipment: SPORT IDENT dibbers will be used to record finish time. If you don't have one, they are available to borrow from registration. |
| Map and Terrain: | 1:10,000. 5m contours. Pre-marked waterproof maps. Street event, mainly lit but some unlit paths and roads (so bring a small head torch, or hand torch). A clue sheet will also be provided on which to record the clue answers. Bring a pen to write the answers and a plastic bag if raining. |
| Registration: | 19.00 to 19.15 hrs |
| Start: | 19.30 hrs (please arrive in good time for the start) |
| Fees: | Seniors £3. Juniors Free. Juniors - Please see note above. |
| Facilities: | Toilets – Public toilets in ASDA supermarket a minute walk from the car park (if they are back open). |
| Further Info: | Coming? It would be nice to know if you are coming to gauge how many maps we need to print off. E-mail neil.speers (at) blueyonder.co.uk As a street event there are likely to be many road crossings necessary. It is recommended that competitors wear light coloured clothing, or a reflective top. |
| Organiser: | Neil Speers (DFOK) 01622 203377 (before 9pm only please) |
| Planner: | Neil Speers (DFOK) |
| Après-O: | The Lion Hotel, Farningham See website for typical menu (http://www.vintageinn.co.uk/thelionfarningham/food/). Food ordering at the pub until approx 21:30hrs. |

COMPETITORS TAKE PART IN THIS EVENT AT THEIR OWN RISK