

DFOK is the orienteering klubb for parts of North West Kent including Dartford, Gravesend and Sevenoaks and the London boroughs of Bexley, Bromley, Croydon, Greenwich and Lewisham.

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KENT ORIENTEERING LEAGUE

event at

JOYDENS WOOD

Saturday, 10th March

Directions Parking at Birchwood Park Golf Centre - postcode DA2 7HJ - GR TQ505705. Entrance off Birchwood Road, which joins B2173 between Swanley and Ruxley roundabout. Please use the overflow car park.

There will be a £1 car parking fee which will be donated to The Woodland Trust, without whom this event would not be possible.

Terrain Joydens Wood is an area of mixed woodland with contour detail and an extensive path network. Thick vegetation in places.

Map 1:7500 (courses C and D) , 1:10000 (courses A and B)

Facilities Toilets and food available (may be necessary to pre-order) in the club house. No muddy shoes or spikes in the club house please.

Courses Four courses will be available

Course A 5.5 km technical for experienced orienteers

Course B 4.0 km intermediate and less physical

Course C 2.5 km provides a more challenging course for those moving on from course D

Course D 1.5 km simpler for beginners and younger children

Registration From 1045 to 1215.

Starts From 1100 to 1230. Courses close at 1400.

There will be a 1 km walk to the start.

Fees Seniors £4. Juniors £1 (DFOK juniors free). Dibber hire £1.

Organiser Mark Collins (markcollins444@hotmail.com)

Planner Mark Collins

Controller Sean Cronin

Please email the organiser in advance if you intend to bring a large group of competitors to this event.

All competitors take part at their own risk

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