



# Saxons Orienteering Club FINAL DETAILS



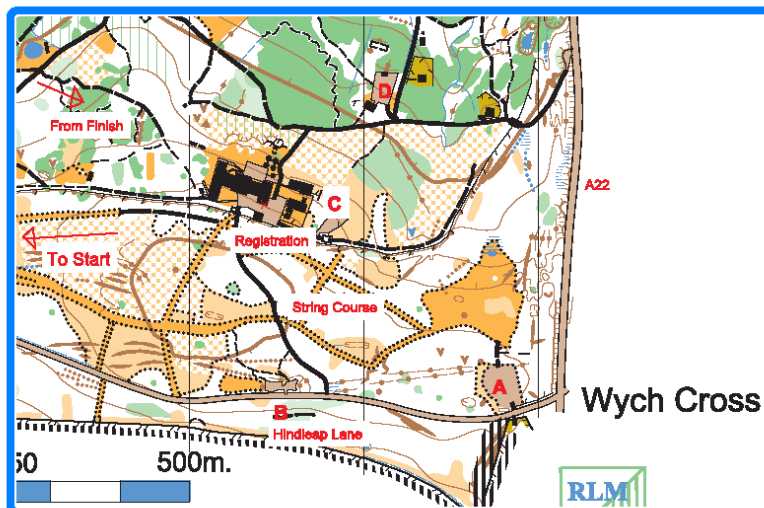
## *Hindleap Sun 8 Dec 2013* *Level B Regional Event SEOA League*

**Travel Details:** Hindleap Warren Outdoor Education Centre:- Postcode RH18 5JH, Grid ref TQ415321 3km south of Forest Row on A22. Turn west at Wych Cross (Wych Cross Garden Centre) onto Hindleap Lane. Signposted from this junction.

**Public Transport.**

East Grinstead station (9km) Haywards Heath (13k)

**Car Parking:** Please share transport if you can as parking is limited. The main car park is 60m on the right after turning at Wych Cross. Be careful of approaching traffic.



Wych Cross , turn from A22, west onto Hindleap Lane.

- A Main car park only 60m west of Wych Cross
- B Overflow car park
- C Hindleap Warren Centre car park. Reserved for those who need to park closer  
Contact organiser.
- D Car park for Saxons.

Please be prepared to be directed to a different car park if the main car park (A) is full.

**PLEASE TAKE CARE WHEN ENTERING OR LEAVING THE MAIN CAR PARK AS IT IS SO CLOSE TO THE WYCH CROSS JUNCTION.**

**Registration:** Hindleap Warren Outdoor Education Centre  
We have the use of facilities inside the building including toilets and showers.

**When:** Registration 9.30 -11.30 am. Starts 10.00-12.30, courses close 2:30pm.  
Those who have pre entered can go straight to the start.

**Tea, Coffee** and cakes will be available at registration with donations to support the Saxons Juniors.

**Safety:** Any competitor travelling alone is advised to leave something of value that they will not forget (eg car keys) at Enquiries, with their name, club, class/course and start time, plus an emergency contact name and number.

All competitors are advised to carry a whistle. Should the weather conditions dictate that cagoules should be worn, then this will be advertised in the car parks and on the way to the Start. Come prepared.

**Start and Finish:** One Start:- 800 metres from registration.

Courses White Yellow and Orange (junior and beginner courses) finish close to the start.

Courses Light Green to Brown have a different finish 700 m from download.

Control descriptions will be available in the start lanes.

Some of the courses have many controls. You will have time at the timed out crossings to turn the descriptions over to get them in to your holders.

You **MUST** download, **even if you retire.**

Starts : There are pre-allocated times, (see Fabian4), but if a start slot is available prior to this you will, at the discretion of the Start team, be permitted to start earlier.

#### **Road Crossings:**

**All courses have a marshalled crossing on route to the start.**

Courses Light Green to Brown have 3 road crossings of roads, all of which are fully timed out crossings. The Short Brown and Brown courses have several additional road crossings that are not timed out. ***Parents of under 16's on the day of the competition should note, with the exception of parts of the Short Brown and Brown course, that road crossings will be timed out of the competition but these crossings may not be marshalled.***

All roads except at road crossings are out of bounds.

**Terrain:** All courses start in the southern part of the area which is a mixture of open heathland and woodland, with some complex contour detail. The White, Yellow and Orange courses stay and finish in this area. The other courses run into the western, eastern and central parts of the area which are more densely wooded, again with some complex contour detail. We have the benefit of using some 'reclaimed' land in the central area where dreaded rhododendron has been cleared. Much of this and the other woodland is generally runnable. There is bracken in some areas which is dying down nicely now and which should not provide any great impediment by the time of the event.

There is a good network of rides, tracks and paths across the area, but planning of the more technical courses is aimed to avoid these so far as possible! There are some very small unmapped deer and elephant tracks (i.e. from previous events) in some areas.

Map 1:10,000 5m contours, recently remapped by Roger Maher.

Junior courses 1:5,000, 5m contours. Legend is not on this map. Loose ones are available at registration or the start.

There will be additional **Out of Bounds areas** marked as **purple hashing**. These are environmentally sensitive areas. The courses are planned so that you should not cross these areas.

**Entries:** via Fabian4 [www.fabian4.co.uk](http://www.fabian4.co.uk) up to 23:59 Monday 2<sup>nd</sup> Dec.

**Prices:** In advance £12 adults (non British Orienteering +£2), Juniors £5, SI dibber hire £1. On the day £2 more subject to map availability.

Adults running the Orange or Yellow courses £5 (non British Orienteering +£2)

Entry on the day subject to map availability and a £2 surcharge for all courses other than White, Yellow and Orange.

There will be no additional charges for parking or showers.

**Dogs:** Well behaved dogs on leads will be allowed in the Outdoor Centre grounds.

**String Course:** A string course will be available for the junior members, with a theme of Winnie the Pooh. Why not combine the event with a trip to Pooh Sticks bridge at 100 acre wood. It is a 5 minutes drive east towards Hartfield. The café at [http://www.pooh-country.co.uk/ep\\_poohsticksbridge.php](http://www.pooh-country.co.uk/ep_poohsticksbridge.php) gives details.

**Recommended Courses:**

| Colour             | Length km | Height m | controls | Men Classes     | Women Classes       | Men Short and B Classes  | Women Short and B Classes               |
|--------------------|-----------|----------|----------|-----------------|---------------------|--------------------------|---|
| <b>Brown</b>       | 9.45      | 325      | 29       | M21 M35 M40     |                     |                          |   |
| <b>Short Brown</b> | 7.67      | 250      | 26       | M18 M20 M45 M50 | W21                 | M21S                     |   |
| <b>Blue</b>        | 6.34      | 230      | 23       | M16 M55 M60     | W35 W40             | M35S M40S                |   |
| <b>Short Blue</b>  | 5.12      | 170      | 21       | M65             | W18 W20 W45 W50     | M18S M20S M45S M50S      | W21S                                    |
| <b>Green</b>       | 4.6       | 120      | 19       | M70             | W16 W55 W60         | M55S M60S                | W35S W40S                               |
| <b>Short Green</b> | 3.45      | 100      | 18       | M75 M80 M85     | W65 W70 W75 W80 W85 | M65S M70S M75S M80S M85S | W18S W20S W45S W50S W55S W60S W65S W70S |

|                    |      |    |    |     |     |      |                      |
|--------------------|------|----|----|-----|-----|------|----------------------|
|                    |      |    |    |     |     |      | W75S<br>W80S<br>W85S |
| <b>Light Green</b> | 3.56 | 95 | 16 | M14 | W14 | M16B | W16B                 |
| <b>Orange</b>      | 2.5  | 65 | 13 | M12 | W12 | M14B | W14B                 |
| <b>Yellow</b>      | 2.4  | 70 | 12 | M10 | W10 | M12B | W12B                 |
| <b>White</b>       | 1.7  | 60 | 12 |     |     | M10B | W10 B                |

**Complaints and Protests:** Please check your results after downloading and resolve any queries with the team at download. Any competitor with a complaint should make it to the Organiser.

**First Aid** point at Registration

Nearest A&E a direction map will be available from registration.

Princess Royal Hospital, Lewes Road, Haywards Heath, West Sussex RH16 4EX 7miles

East Surrey Hospital, Canada Avenue, Redhill, Surrey, RH1 5RH 12 miles

Planners: Anita & David Kingdon (SAX)

Controller: Charlie Turner (SLOW)

Organiser: Jerry Purkis (SAX) [jerry29@btinternet.com](mailto:jerry29@btinternet.com) 07582 430008 M, 01892 536332 H

**MORE INFORMATION** on the Events section of [www.saxons-oc.org](http://www.saxons-oc.org)

Event Cancellation: In the unlikely event of cancellation a notice will be posted on our website ([www.saxons-oc.org](http://www.saxons-oc.org)). Saxons reserve the right to retain enough of your entry fee to cover costs incurred.

**YOU TAKE PART IN THIS EVENT AT YOUR OWN RISK AND ARE RESPONSIBLE FOR YOUR OWN SAFETY**