

Try an adventure sport that explores the forests, parks and towns of Kent

and beyond and will improve your fitness and map reading skills.

Saxons Orienteering Club

Summer Series

Sat 27 July 2013 :- Register anytime between 10.30-12 noon

Ightham Woods Sevenoaks. Park in small car park on Styants Bottom Road off north side of A25 (east of Crown Point PH .) Grid Ref TQ 582557

For club members and experienced orienteers – take part in the Score event and gain points for the league table: visit all controls in any order (taking into account the rules for the day) in the fastest time.

For those new to orienteering enter the beginner or intermediate course to 'Try Orienteering'. These courses are suitable for everyone:

2km easy course for beginners of all ages

4km intermediate course for those with some experience of map reading

You will be given a map showing the position of check point flags. Jog, run or walk to find them. Help will be available.

Prices: Adults £4 Juniors £2 Family groups with 1 map £4

Contact Tony Connellan <u>anthony.connellan@fsworld.co.uk</u> to reserve a map.

SAXONS ORIENTEERING CLUB

The orienteering club for Kent and East Sussex.

Details of all local events can be found on www.saxons-oc.org

Orienteering: The adventure sport for all