

Coaching Day with Josh Jenner

A coaching day is being organized with Josh Jenner, a level 3 coach, suitable for everyone, from beginners to the more experienced at Limpsfield Chart near Westerham. Limpsfield Chart is an area of mixed woodland with, in parts, intricate contour detail. It will involve practicing various orienteering techniques in the morning and will finish with a mixed relay after lunch. It is great chance to meet other orienteers and learn and practice all the techniques that it is so hard to do in a competitive situation!

Meeting Place: Tally Road, Limpsfield Chart, RH8 0TG

Date: Saturday 9th February

Time: 9:30am – 3pm

Cost: £8 for adults and £5 for juniors (Juniors need to be accompanied by an adult)

If you are interested in attending or have any queries, please contact Allison Page by email at allisonpage1234@googlemail.com.

There is a pub on Tally Road, The Carpenter's Arms, where they serve bar snacks and lunches, so we can go there for lunch. However, please bring plenty of drinks and warm clothes for the training part!

