

Name	Time	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
HOWES Clare	0:58:40	33	51	41	59	35	37	43	55	47	57	45	49	31	53	38	48	56	60	52	42	54	32	58	46	F						
		01:02	02:54	05:59	07:45	12:26	15:21	16:58	18:55	21:23	25:13	26:57	29:18	30:49	32:00	34:29	36:24	41:15	44:06	46:22	47:57	49:52	53:12	54:37	56:42	58:40						
THOMAS David	0:56:07	33	51	41	59	31	31	49	45	57	47	55	43	37	35	52	60	40	56	42	54	58	46	44	F							
		01:10	02:52	06:52	08:22	12:54	13:52	15:47	18:19	20:30	23:34	25:14	26:59	28:34	31:13	33:49	35:58	37:21	39:18	43:41	45:23	49:24	51:28	54:37	56:07							
		01:10	01:42	04:00	01:30	04:32	00:58	01:55	02:32	02:11	03:04	01:40	01:45	01:35	02:39	02:36	02:09	01:23	01:57	04:23	01:42	04:01	02:04	03:09	01:30							
CRONIN Sean	0:58:34	46	58	32	38	48	54	42	52	60	40	56	36	50	55	47	57	45	49	53	41	59	51	F								
		02:16	04:08	05:38	07:45	10:08	12:16	14:34	17:21	19:32	21:40	23:59	28:44	30:21	33:19	36:45	40:26	42:26	45:35	48:04	50:09	52:37	56:16	58:34								
		02:16	01:52	01:30	02:07	02:23	02:08	02:18	02:47	02:11	02:08	02:19	04:45	01:37	02:58	03:26	03:41	02:00	03:09	02:29	02:05	02:28	03:39	02:18								
SPEERS Neil	0:58:54	33	51	41	59	57	47	43	55	45	53	31	49	34	50	36	56	60	52	42	54	38	58	32	F							
		01:11	02:56	06:50	08:29	13:54	18:06	21:00	23:02	26:43	28:13	29:26	31:15	33:02	36:38	37:51	42:08	44:58	47:13	48:54	50:55	53:02	55:58	57:39	58:54							
		01:11	01:45	03:54	01:39	05:25	04:12	02:54	02:02	03:41	01:30	01:13	01:49	01:47	03:36	01:13	04:17	02:50	02:15	01:41	02:01	02:07	02:56	01:41	01:15							
UNDERDOWN Dave	0:56:50	33	51	41	53	31	49	45	57	47	55	37	43	56	40	60	52	42	54	48	38	32	58	46	F							
		01:17	03:33	08:45	11:17	12:41	14:54	17:57	20:40	24:37	26:46	28:41	30:46	31:53	35:37	37:32	39:50	41:49	44:28	46:26	48:28	51:01	52:39	54:58	56:50							
		01:17	02:16	05:12	02:32	01:24	02:13	03:03	02:43	03:57	02:09	01:55	02:05	01:07	03:44	01:55	02:18	01:59	02:39	01:58	02:02	02:33	01:38	02:19	01:52							
PURKIS Jerry	0:57:24	46	58	32	38	48	54	42	52	60	40	56	43	55	37	47	35	57	41	59	51	33	39	F								
		02:24	04:22	05:59	08:38	11:04	14:02	16:10	18:06	20:17	22:12	24:44	25:45	28:00	29:48	32:28	35:25	39:22	42:21	44:44	49:19	51:56	55:26	57:24								
		02:24	01:58	01:37	02:39	02:26	02:58	02:08	01:56	02:11	01:55	02:32	01:01	02:15	01:48	02:40	02:57	03:57	02:59	02:23	04:35	02:37	03:30	01:58								
HOWES Sarah	0:55:39	46	58	32	38	54	42	52	60	40	56	36	50	48	45	49	31	53	41	59	51	33	39	F								
		02:22	04:25	06:03	08:24	10:44	13:00	15:05	17:15	19:09	21:23	25:34	26:31	29:36	30:42	33:45	35:34	37:02	39:45	41:54	49:04	51:08	54:01	55:39								
		02:22	02:03	01:38	02:21	02:20	02:16	02:05	02:10	01:54	02:14	04:11	00:57	03:05	01:06	03:03	01:49	01:28	02:43	02:09	07:10	02:04	02:53	01:38								
THOMAS Graham	0:56:37	46	58	32	44	38	48	34	50	36	55	43	37	47	35	57	45	31	59	41	59	51	33	F								
		02:14	04:06	05:40	08:47	11:06	14:31	18:38	22:08	23:09	25:06	27:18	29:08	31:30	34:14	38:16	40:19	42:02	43:22	46:24	48:46	53:16	55:37	56:37								
		02:14	01:52	01:34	03:07	02:19	03:25	04:07	03:30	01:01	01:57	02:12	01:50	02:22	02:44	04:02	02:03	01:43	01:20	03:02	02:22	04:30	02:21	01:00								
COLLINS Mark	0:51:13	33	51	59	41	57	47	55	43	56	40	60	52	42	54	48	38	32	F													
		01:21	03:15	08:49	10:50	15:35	19:10	21:43	24:19	26:09	28:21	30:17	35:04	36:58	39:41	44:32	47:20	49:40	51:13													
		01:21	01:54	05:34	02:01	04:45	03:35	02:33	02:36	01:50	02:12	01:56	04:47	01:54	02:43	04:51	02:48	02:20	01:33													
SOLOMON Mike	0:57:11	33	51	41	59	38	48	50	36	56	40	60	52	42	54	32	58	46	F													
		01:50	04:24	09:45	12:01	15:46	20:16	24:30	25:45	31:39	34:38	36:54	39:54	42:20	45:00	50:04	52:25	55:08	57:11													
		01:50	02:34	05:21	02:16	03:45	04:30	04:14	01:15	05:54	02:59	02:16	03:00	02:26	02:40	05:04	02:21	02:43	02:03													
WAITE Steve	0:58:06	58	54	42	52	60	40	56	55	36	50	57	41	59	51	33	F															
		02:24	15:16	18:24	21:09	24:17	26:52	29:51	34:18	36:23	37:38	41:06	45:12	48:42	54:31	56:59	58:06															
		02:24	12:52	03:08	02:45	03:08	02:35	02:59	04:27	02:05	01:15	03:28	04:06	03:30	05:49	02:28	01:07															
FITZGERALD Jean	0:55:22	39	53	31	49	45	57	47	55	37	35	52	60	40	54	32	58	F														
		02:32	07:00	08:43	11:45	15:10	18:52	23:41	26:21	29:05	33:05	36:27	39:16	41:32	46:16	51:18	53:26	55:22														
		02:32	04:28	01:43	03:02	03:25	03:42	04:49	02:40	02:44	04:00	03:22	02:49	02:16	04:44	05:02	02:08	01:56														
IVES Toni	0:53:20	33	51	41	59	53	31	49	34	50	48	54	38	46	F																	
		01:29	04:18	10:53	13:23	19:20	21:02	26:01	28:06	33:27	37:33	40:11	43:25	47:14	50:17	53:20																
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BROWN Heather	0:53:38	33	51	41	59	53	31	49	34	50	48	54	38	58	46	F																
		01:48	04:22	10:48	13:27	19:25	21:00	25:57	28:25	33:32	37:29	40:20	43:30	47:24	50:30	53:38																
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HOPE Nick	0:57:01	33	39	31	49	45	57	47	55	43	37	35	42	54	48	38	32	44	F													
		01:47	05:27	09:08	13:13	16:34	20:48	25:59	28:54	30:58	33:34	37:09	39:35	42:00	44:17	47:52	51:21	54:39	57:01													
		01:47	03:40	03:41	04:05	03:21	04:14	05:11	02:55	02:04	02:36	03:35	02:26	02:25	02:17	03:35	03:29	03:18	02:22													
CONNELLAN Tony	0:53:45	33	51	41	59	57	45	31	53	44	58	32	F																			

