



Saxons Orienteering Club invites newcomers and experienced orienteers to a  
**KENT NIGHT CUP LEAGUE EVENT at**  
**BEWL WATER, NEAR LAMBERHURST**  
Thursday 6<sup>th</sup> February 2014 7.30 – 8.30

**Directions** The event will be signed off the A21, south east of Tunbridge Wells at Bewl Water – where there is a big brown sign on the west side of the road. Follow the red and white orienteering signs to the car park which is in the outdoor centre (Note we are not using the main car park). Closest sat. nav. is **TN3 8JH**. Grid ref TQ677341 The nearest railway station is Wadhurst.

### **What is it?**

A 60 minute score orienteering race around Bewl Water country park. The area consists of an interesting mix of open/rough open land, north of the Bewl Reservoir, with a small amount of woodland and activity play areas. This is a new area, never used before for a KNC event. Come and try it out.

### **Race format**

There will be 22 checkpoints (controls) spread around the park. Find as many as you can in an hour using the map provided. Score 1 point for every control you find and 5 extra points if you do the dumb bell option – all explained on the night. Lose one point for every minute or part minute you are late. You can run as an individual or as a team of 2 or 3.

### **Not done orienteering before?**

No experience is necessary as park orienteering is quite straightforward. The race format and timing equipment will be explained at the start.

### **Map**

You'll be given a waterproof map before the start. You do not need to be an experienced orienteer to understand the map.

### **Timing equipment**

The race will use Sport Ident electronic timing. Each individual or team will have an SI unit (sometimes called a dibber) and will swipe the dibber at each control. You can hire one at the event. At the end of the race you will receive a printout of your split times. The equipment is very easy to use.

### **What equipment should you bring?**

Bring some kind of torch to read the map. Watch. A compass may be useful if you have one, but not essential as we have plenty to loan.

### **How far will I run?**

This depends on the route you take and the number of controls you do. Optimum route for all controls would be 7.5 – 8km.

### **Start times, entries and cost**

There will be a mass start at 7.30. Enter on the night, but if you are likely to attend please email the organiser, [anitakingdon@gmail.com](mailto:anitakingdon@gmail.com) by Tuesday 4<sup>th</sup> so maps can be printed. We will print extra for those that have a last minute change of mind.

Please could everyone register between 7 - 7.15 on the night if possible.  
£5 per individual/team if you need to borrow a dibber, £4 otherwise.

**Post-race food/drink/social/prizes.** Brown Trout, Lamberhurst TN3 8HA. Five minutes from the event Good pub group Food served till 9.00, but if we pre-order they will extend time a bit.