

SAXONS ORIENTEERING CLUB





Orienteering Event - Race 12

Hindleap Warren South



(near Forest Row, East Sussex)

Thursday 4th December, 2014

Directions	Parking will be in the Hindleap Car Park in Hindleap Lane. Nearest Post code: RH18 5JH (which will get you to Hindleap Lane close to the car park) See <u>http://www.ashdownforest.org/enjoy/walking/MappedWalks.php</u> then download the walk 9 map which shows the car park.
Event format	Suitable for all abilities. A 60 minute score event on part of the beautiful Ashdown Forest. You choose your route and visit as many of the 20 controls as you can. One point for each control; and one point lost for each minute or part minute over time!
	There will be two 'sets' of controls – 90-99 and 100-109; do one set (or as many as you can/like) before starting on the other to maximise your points. There will also be two sets of 'dumbbells' where an additional point will be awarded if the two dumbbell controls are taken in order – either way round – so a total of 22 points can be gained. (It sounds more complicated than it is, really!)
Map and terrain	A 1:5,000 scale map with 5m contours: by Roger Mayer, winter 2013 with minor updates. Maps will be printed on A4 waterproof paper.
	Runnable forest with some open and rough open areas; and intricate contour detail. A network of paths and rides bisect the area.
	Used previously for both Level B and Sunday series events. This is one of Saxons best areas!
Coming?	Please email the organiser if you intend coming so we know how many maps to print. If you are new to night orienteering and would like someone to help you get started, please email the organiser or make yourself known on the night.
Registration	19:00 to 19:15 (please don't be late).
Start	Close to registration. Briefing and mass start at 19:30 sharp.
Start Equipment	Close to registration. Briefing and mass start at 19:30 sharp. SPORT IDENT dibbers to hire if you don't have one. Some sort of torch essential, plus a small backup/reserve. Carrying a whistle is mandatory (as a casualty, blow six short blasts, wait 1 min, repeat).
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Updates and results on <u>www.saxons-oc.org</u>