



SAXONS ORIENTEERING CLUB

invites you to the
KENT NIGHT CUP

at

Bowl Water Outdoor Centre
THURSDAY 5 February 2015



- Directions** Address: Bowl Water Outdoor Centre, Bowlbridge Lane. **Lamberhurst**, Royal Tunbridge Wells, **TN3 8JH**. Map ref. **TQ677340**. Nearest railway station Tunbridge Wells. From the A21 just east of Lamberhurst, turn south on to Bowlbridge Lane (TQ683348) and continue approximately 800 m down the lane to the outdoor centre. The junction is signed to Bowl Outdoor Centre and will be flagged.
- Courses** 60 minute score suitable for all abilities. Visit as many controls as you can.
- Map and Terrain** 1:5,000 scale map with 5m contours, updated 2010 with minor updates January 2014. Maps will be printed on A4 waterproof paper. Mostly open ground with some woodland.
- Coming?** **Please email the organiser if you intend coming** so we know how many maps to print. If you are new to Night Orienteering and would like someone to help you get started please email the organiser or make yourself known on the night.
- Registration** 19:00 to 19:15 (please don't be late).
- Start** Briefing and mass start at 19:30 sharp.
- Equipment** SPORT IDENT dibbers to hire if you don't have one. Some sort of torch essential plus a small backup/reserve. Carrying a whistle is mandatory (as a casualty, blow six short blasts, wait 1 min, repeat).
- Cost** Seniors £4, Juniors £1. Dibber hire £1.
- Après-O** Please join us for a drink at The Chequers Inn, Lamberhurst, The Broadway, TN3 8DB. For those who want to eat, a menu will be available at registration so that we can pre-order food. To get to the pub, turn left out of Bowlbridge Lane, on to the A21 heading towards Lamberhurst. At the roundabout (after about 300 m), take the B2169 then after about 100 m turn right on to the B2162 which will take you in to Lamberhurst village. The pub is at the centre of the village by the river, on the right-hand side of the road.
- Prizes** Prize giving will take place in the pub afterwards.
- Organisers** **Fiona Wilson, Mike Solomon** (fiona@fmwilson.co.uk)

Updates and results on www.saxons-oc.org

COMPETITORS TAKE PART AT THEIR OWN RISK