



SAXONS ORIENTEERING CLUB

invites you to the
KENT NIGHT CUP

at

HEMSTED FOREST (nr Cranbrook)

THURSDAY 12 MARCH 2015



- Directions** Nearest Post code: **TN17 4AN** is 400m E of car park. From Sissinghurst travel 4km south then turn left (east, signed Goddard's Green) on minor rd. Forestry Commission car park is on the left after 500m (**TQ 812343**).
Nearest railway station: Staplehurst 12km
- Courses** 60 minute score suitable for all abilities. 20 controls #90 – 99 and #100 - 109. Visit either 90s first or 100s first, then choose when you switch (once only). There is not a mandatory changeover control. Visit as many controls as you can. 1 point per control; 1 point penalty per minute or part-minute beyond 60 mins.
- Map and Terrain** 1:10,000 scale map with 5m contours. Maps will be printed on A4 waterproof paper. Mixed commercial forest and community woodland.
- Coming?** **Please email the organiser if you intend coming (and see note about food, below)** so we know how many maps to print. If you are new to Night Orienteering and would like someone to help you get started please email the organiser or make yourself known on the night.
- Registration** 19:00 to 19:15 (please don't be late).
- Start** Briefing and mass start at 19:30 sharp.
- Equipment** SPORT IDENT dibbers to hire if you don't have one. Some sort of torch essential plus a small backup/reserve. Carrying a whistle is mandatory (as a casualty, blow six short blasts, wait 1 min, repeat).
Please note that British Orienteering have confirmed that every competitor must carry a whistle and a backup light and that the organising club must physically check at the start that a reasonable percentage of participants are complying with this rule. Please bear with us while this kit check is performed.
- Cost** Seniors £4, Juniors £1. Dibber hire £1.
- Après-O** The White Horse Carriers Road Cranbrook **TN17 3EX**. Food orders will be taken at Registration. **Please let me know if you plan to eat afterwards, to gauge numbers.**
- Prizes** Prize giving will take place in the pub afterwards.
- Organiser** Mark Glaisher (mark.glaisher@ic24.net)

Updates and results on www.saxons-oc.org

COMPETITORS TAKE PART AT THEIR OWN RISK