

Saxons Orienteering Club
SE Long Champs



Ightham Sun 22 March 2015

Level B Regional Event

FINAL DETAILS

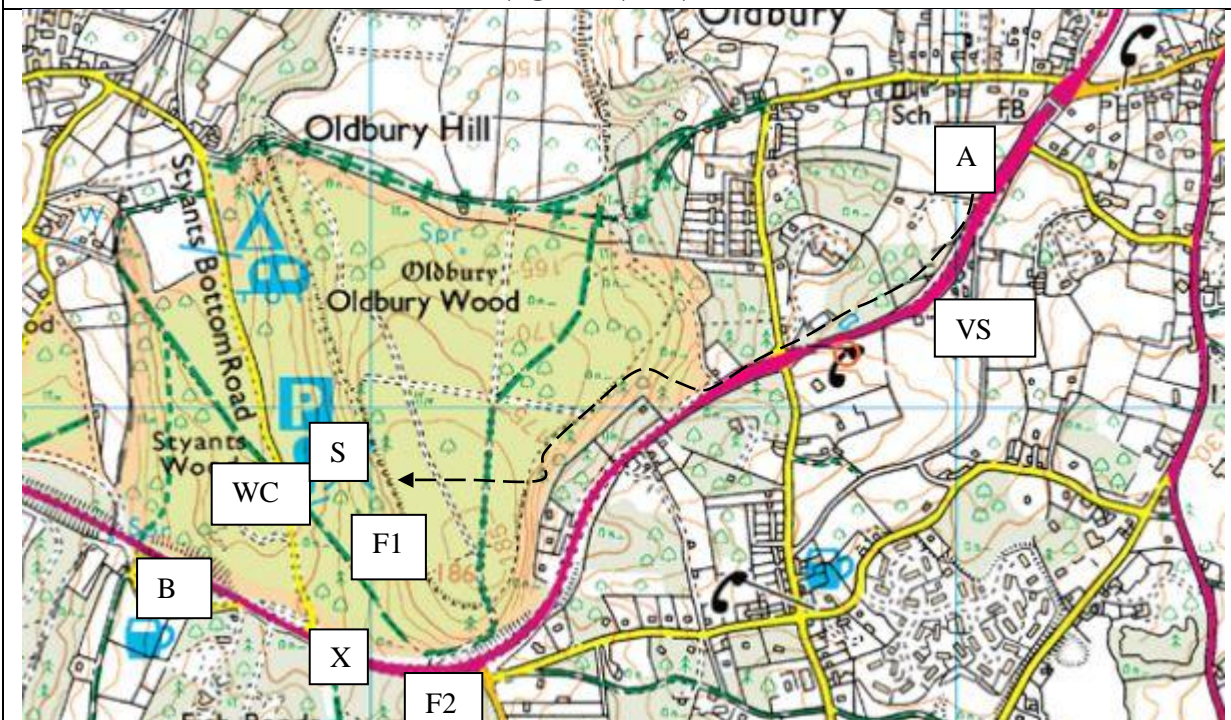
Registration for Entry on Day: Ightham Recreation Ground, Sevenoaks Road, Ightham, Kent TN15 9AJ.

Parking: The main car park will be at Ightham Recreation Ground.

There will be alternative car parking closer to the start, for families with young children, any competitor M/W60 plus or anyone with extra needs. This is at the Crown Point Inn 2km west on the A25, TN15 0HB . Please contact the organiser.

Note: Parking for families with juniors or M/W 60 plus can park at the Crown Point. The organiser will email you.

PLAN OF EVENT AREA



A – Ightham sports ground. Main car park. Registration, Entry on the Day and Enquiries. Toilets in sports pavilion. Taped route to Start 1.3km. Some parking also in layby.

B = Crown Point Inn – Refreshments. Toilets, Parking only for those with small children, disabled or elderly. Taped route to start 500m with manned road crossing

F1 = Finish for courses White to Light Green. Also Download all courses

F2 – Approx location of Finish for all TD5 courses. Cross at manned crossing point to return to Download

before returning to your car.

S = Start all courses

VS- Ightham Village Farm Shop open 10 – 4.

WC – Portaloos in small National Trust car park close to Start. Helpers parking only

X – manned road crossing

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Facilities: Toilets are available at the recreation ground, Crown Point Inn, and two portaloos near the start. Clothing can be left close to the Start/Finish. Bring your own plastic bag.

Crown Point Inn, always do an excellent carvery on Sundays. To reserve a table phone 01732 810669.

Public Transport. Borough Green 1.5miles, Sevenoaks Station 5 miles.

When: Registration 9.30 -11.30 am. Starts 10.00-12.30, courses close 2:30pm.

Start and Finish: One Start:- 1.4 km from registration, 20 to 30 min walk. The route is always north of the A25, see map.

The walk to the start from registration crosses the competition area, so please do not leave the marked route.

The Finish and Download for courses White to Light Green are close to the Start.

The Finish for courses ShortGreen to Black is 500m from the same Download as used by White to LightGreen. Recross the A25 by the marshalled crossing.

Control descriptions will be available in the start lanes.

These will be text descriptions for white, yellow and orange and IOF pictorial descriptions for all other courses. Descriptions will also be printed on the map.

Start Times will be entered into Fabian4 ready for the event. If you wish to amend your start block, you can do so by the edit facility. When times go up, if you wish to amend your time contact the organiser.

As this is a level B championship, the start marshals will be enforcing the times allocated.

Medal Presentation: This will be at the recreation ground as soon as possible after 2:30pm, when all the courses close.

Road Crossings:

The longer courses have a marshalled, timed out, crossing over the A25.

Under 16's who enter Light Green, Short Green, Green, Short Blue and Blue will cross a small public road with no significant traffic and the course crossings will not be marshalled.

Terrain: Runnable woodland with complex contour details.

General notes: many small paths may be difficult to see due to leaf litter.

Vegetation boundaries are not distinct and should not be used for fine navigation.

New mountain bike paths appear frequently and are not all mapped. Blank maps will be displayed in the start lanes showing any significant new paths that have appeared since the map was completed.

Areas with bracken do not have the undergrowth slow run screen on the map. The bracken has died down well over the winter, so should not impede runnability.

The final section of the white course has a multitude of path junctions. To avoid having to place a control at every one and clutter the map, smiley/sad faces will be used after control 13 - smiley face indicating the correct route and sad face the wrong route. Competitors on the yellow and orange courses may also encounter some of these towards the end of their course.

The area is divided into 3 sections. Assembly and the start are on Oldbury Hill to the north of the A25. The shorter courses also finish here. Oldbury Hill is flat on top with steep slopes to all sides and is a mix of ancient woodland, scrub and relic heathland.

Courses from short green and above cross the A25 (timed out road crossing) and finish on Ightham Common. Short brown to black also head west (via a footpath route out and back) to Seal Chart. Both areas are mostly open deciduous woodland, again with steep slopes. There are numerous rhododendron and holly thickets.

Map: Resurveyed during Autumn/Winter 2014-15. 1:10,000 or 1:5,000 (see course details below), 5m contours, A4 for all courses.

The 1:5,000 version of the map won't have a legend printed on it. Some spare copies of the legend will be available at the start if required.

Entries: via Fabian4 www.fabian4.co.uk Final Closing 23:59, Mon 16 March. For SE long Champs, please enter the course from the table below:

Prices: In advance £12 adults (non British Orienteering +£2), Juniors £5, SI dibber hire £1. Adults running the Orange or Yellow courses £5 (non British Orienteering +£2)

Entry on the day subject to map availability and a £2 surcharge
There will be no additional charges for parking.

Safety: Any competitor travelling alone is advised to leave something of value that they will not forget (eg car keys) at Enquiries, with their name, club, class/course and start time, plus an emergency contact name and number.

All competitors are advised to carry a whistle. Should the weather conditions dictate that cagoules should be worn, then this will be advertised in the car parks and on the way to the Start. Come prepared.

Course details:

Course	SEOA championship classes		Length (km)	Climb (m)	Controls	Map scale
	Men	Women				
Black	M21		11.8	300	29	1:10,000
Brown	M35 M40		9.5	290	28	1:10,000
Short Brown	M18 M20 M45 M50	W21	8.0	200	22	1:10,000
Blue	M16 M55 M60	W35 W40	5.9	200	23	1:10,000
Short Blue	M65	W18 W20 W45 W50	5.2	200	18	1:10,000
Green	M70	W16 W55 W60	4.3	150	19	1:10,000
Short Green	M75 M80	W65 W70 W75 W80	3.7	135	16	1:10,000
Light Green	M14	W14	3.3	80	13	1:5,000
Orange	M12	W12	2.8	50	14	1:5,000
Yellow	M10	W10	2.1	50	17	1:5,000
White			1.3	25	15	1:5,000

Under 16s must not enter any course longer than blue.

The black course will have 30 controls, competitors with series 5 or 8 dibbers can switch at no charge to a series 9 dibber. Please contact organiser.

South East Long distance championships:

“Competitors will be only be eligible for a medal in the age class category that they entered. For example if M45 and M50 (say) share the same course and the winner is an M50 then they shall win only the M50 gold medal. The highest placed M45 shall win the M45 gold medal even if they are beaten by many M50s. If a competitor runs a course other than that recommended for their age class then they shall still be eligible for a medal assuming that there is an appropriate class associated with the course being run. Where there are several possible classes then they shall automatically entered into the closest class to their actual age class. For example if a W18 runs a course above that designated for W18 but does host the W20 and W21 classes then that competitor shall automatically be deemed to be entering the W20 class. If a competitor wants to run up to a particular class then they must inform the organiser of this before the event. For example in the above situation then the W18 would have to inform the organiser if they wanted to compete for the W21 championship.”

Planners: Alan Hickling (SAX)

Controller: Charlie Turner (SLOW)

Organiser: Jerry Purkis (SAX) jerryp29@btinternet.com 07582 430008 M, 01892 536332 H

Complaints and Protests: Please check your results after downloading and resolve any queries with the team at download. Any competitor with a complaint should make it to the Organiser.

First Aid point at Registration and Download.

Nearest A&E and a direction map will be available from registration.

Sevenoaks Hospital, Hospital Road, Sevenoaks, Kent, TN13 3PG

Tunbridge Wells Hospital A & E, Tunbridge Wells Hospital, Pembury, Kent, TN2 4QJ

Acknowledgements:

Ightham Parish Council, National Trust, Knole Estates, Mr Marsh and Mrs MacKellar

Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety. Please check website for last minute cancellation in case of inclement weather. In the event of cancellation some or all of your entry fee may be retained.

Personal data. The personal data you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

Insurance Please note that if you have competed in three orienteering events registered with British Orienteering and not joined an orienteering club which is a member of British Orienteering then you are not covered by our public liability insurance.