



Saxons Orienteering Club

SE Long Champs

Ightham Sun 22 March 2015

Level B Regional Event



Courses from Black to White

Registration: Ightham Recreation Ground, Sevenoaks Road, Ightham, Kent TN15 9AJ.

Parking: The main car park will be at Ightham Recreation Ground. There will be limited car parking closer to the start, for families with young children, or anyone with extra needs. Please contact the organiser.

Public Transport. Borough Green 1.5miles, Sevenoaks Station 5 miles.

When: Registration 9.30 -11.30 am. Starts 10.00-12.30, courses close 2:30pm.

Start and Finish: One Start:- 1.4 km from registration, 20 to 30 min walk.

The Finish and Download for courses White to Short Green are close to the Start.

The Finish for courses Green to Black is 300m from the same Download as used by White to Short Green.

Road Crossings:

The longer courses have a marshalled , timed out, crossing over the A25.

Under 16's who enter Light Green, Very Short Green, Short Green, Green, Short Blue and Blue will cross a small public road with no significant traffic and the course crossings will not be marshalled.

Terrain: Runnable woodland with complex contour details. Map 1:10,000 5m contours.

Entries: via Fabian4 www.fabian4.co.uk Final Closing 23:59, Mon 16 March. For SE long Champs, please enter the course from the table below:

Prices: In advance £12 adults (non British Orienteering +£2), Juniors £5, SI dibber hire £1. Adults running the Orange or Yellow courses £5 (non British Orienteering +£2) Entry on the day subject to map availability and a £2 surcharge There will be no additional charges for parking.

Course	Men	Women
Black	M21	
Brown	M35 M40	
Short Brown	M18 M20 M45 M50	W21
Blue	M16 M55 M60	W35 W40
Short Blue	M65	W18 W20 W45 W50
Green	M70	W16 W55 W60
Short Green	M75 M80	W65 W70 W75 W80
Light Green	M14	W14
Orange	M12	W12
Yellow	M10	W10
White		

Provisional Course details:

Colour	Course length km	Height climb m
Black	11.7	350
Brown	9.6	320
Short Brown	8.1	200
Blue	5.9	220
Short Blue	5.3	215
Green	4.5	170
Short Green	3.8	145
Light Green	3.3	85
Orange	2.7	50
Yellow	2.1	50
White	1.4	40

Under 16s should not enter any course longer than blue.

If there are less than 10 entries on the black, the M21 entries may be switched to brown.

The black course will have 30 controls, competitors with series 5 or 8 dibbers can switch at no charge to a series 9 dibber. Please contact organiser.

“Competitors will be only be eligible for a medal in the age class category that they entered. For example if M45 and M50 (say) share the same course and the winner is an M50 then they shall win only the M50 gold medal. The highest placed M45 shall win the M45 gold medal even if they are beaten by many M50s. If a competitor runs a course other than that recommended for their age class then they shall still be eligible for a medal assuming that there is an appropriate class associated with the course being run. Where there are several possible classes then they shall automatically entered into the closest class to their actual age class. For example if a W18 runs a

course above that designated for W18 but does host the W20 and W21 classes then that competitor shall automatically be deemed to be entering the W20 class. If a competitor wants to run up to a particular class then they must inform the organiser of this before the event. For example in the above situation then the W18 would have to inform the organiser if they wanted to compete for the W21 championship.”

Planners: Alan Hickling (SAX)

Controller: Charlie Turner (SLOW)

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